

# Unstoppable You

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## Clarifying the COST of Playing Small:

Staying stuck is no small thing. Not only does it squash many opportunities throughout our lives, but it also is VERY costly.

Imagine life free from those things that have held you back. In terms of your business, career or professional growth, what would be possible for you if you were confident, bold, fearless and willing to do whatever it took? Then answer the questions below to find out the \$COST\$ this is having on your life and financial fitness.

***If I were free from my current limitations...***

**1. How much more money would I (likely) make per month?**

= \$ \_\_\_\_\_ , \_\_\_\_\_ . \_\_\_\_\_

*(Would you ask for a raise? Get a new, better-paying job? Would you bring in added side income from another love or passion? Or for entrepreneurs, how many more clients would you be magnetizing? What would the dollar-amount be monthly for those added clients?)*

**2. Multiply the number above by 12 (i.e. 12 months in a year):**

X 12 = \$ \_\_\_\_\_ , \_\_\_\_\_ . \_\_\_\_\_

**3. Multiply the number above by 10 (i.e. the next 10 years):**

X 10 = \$ \_\_\_\_\_ , \_\_\_\_\_ . \_\_\_\_\_

The number above is how much staying stuck and playing small will LITERALLY cost you over the next 10 years.

Write down at least 3 things you would do with this added income:

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Use this form any time the issue of doubt creeps up surrounding opportunities to stretch yourself, grow, take bold moves, or make a big career shift. It can be eye-opening at how costly playing small truly is!