UNSTOPPABLE FENG SHUI WISDOM

Harness the Energy Within Your Environment to <u>CAUSE</u> Greater Happiness, Health, Wealth ... and More!

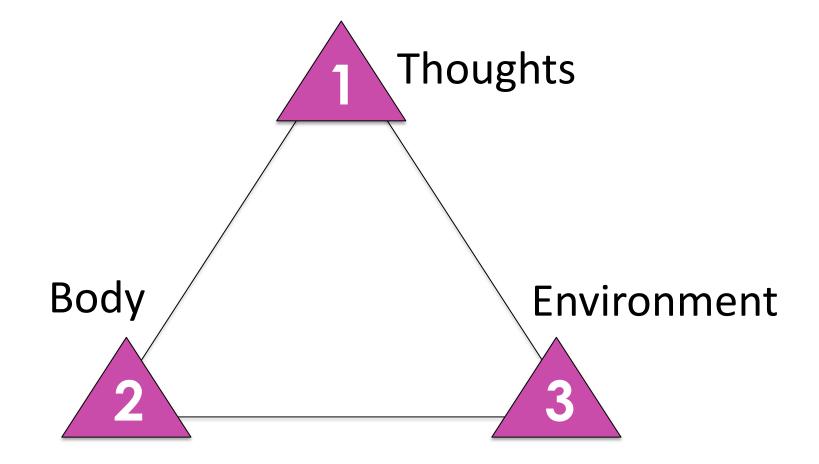
With Stephanie McWilliams — Former Host of HGTV's **Fun Shui** + Founder of **Unstoppable You**

www.JoinTheUnstoppables.com

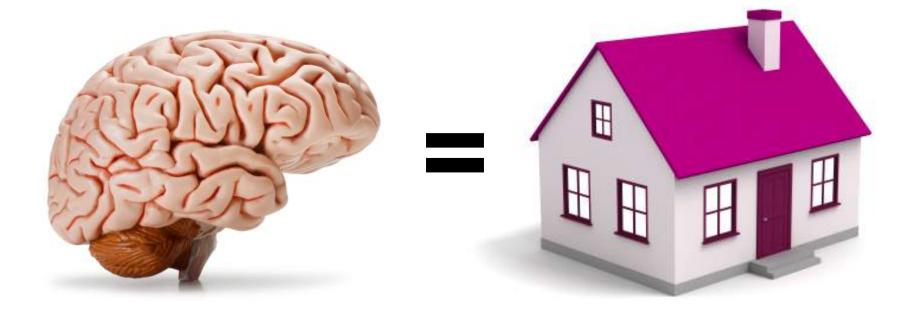
Feng WHAT? Shui WHO?



Why Feng Shui is Powerful:



Your Home = Your Life

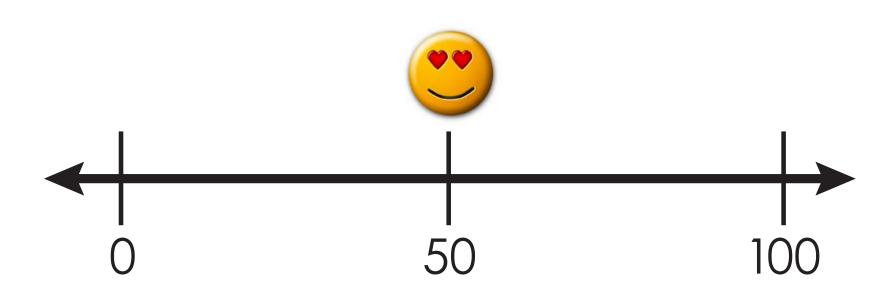


(Your Office = Your Success)

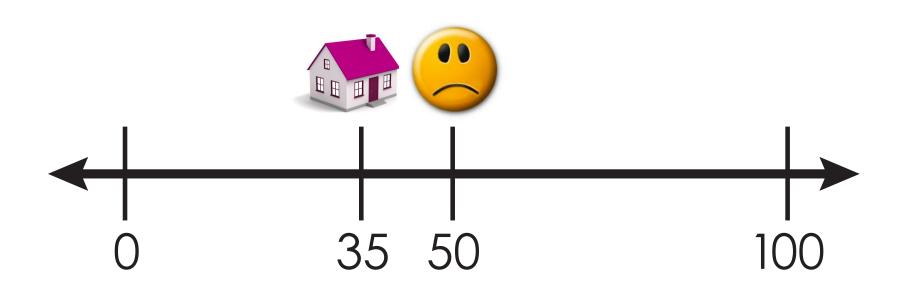
Everything in your space is talking to you just make sure it's saying something nice!



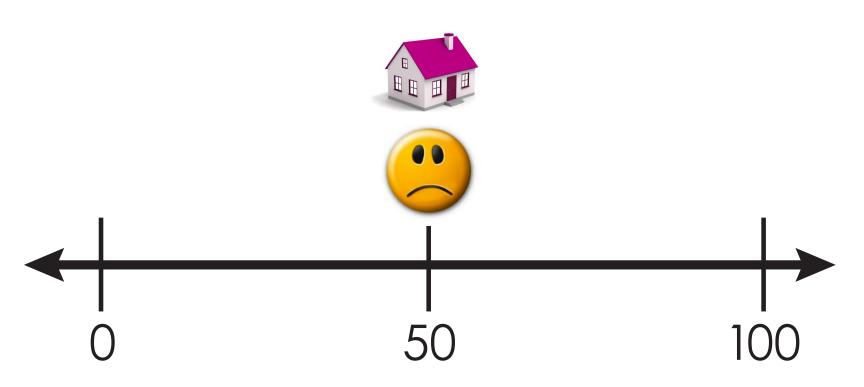
How to Design a Space that <u>CAUSES</u> Unstoppability:



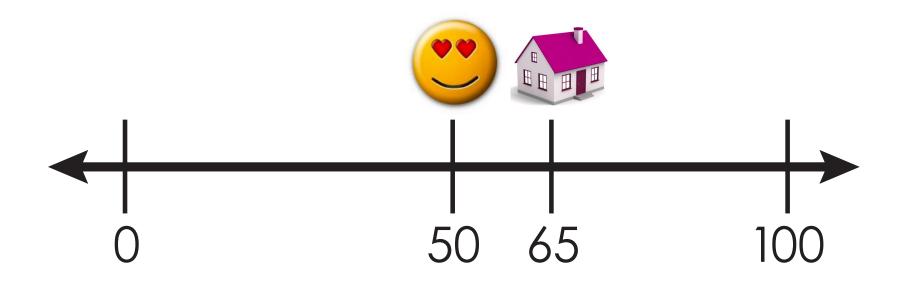
What's happening when things aren't quite "right"...

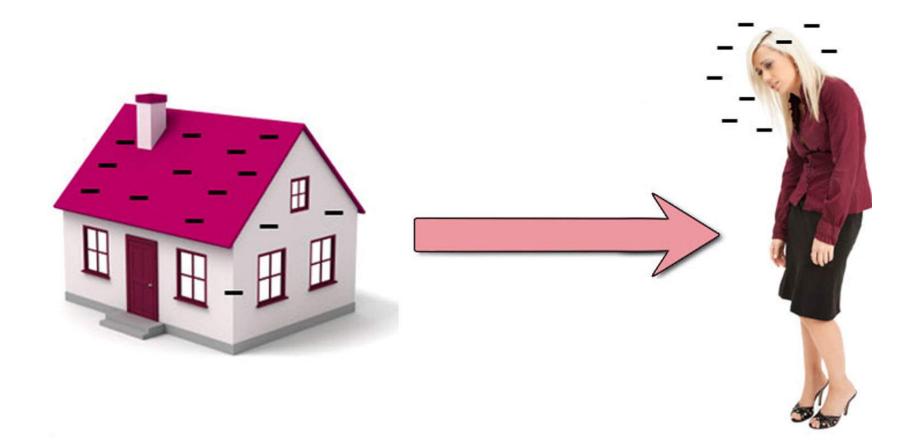


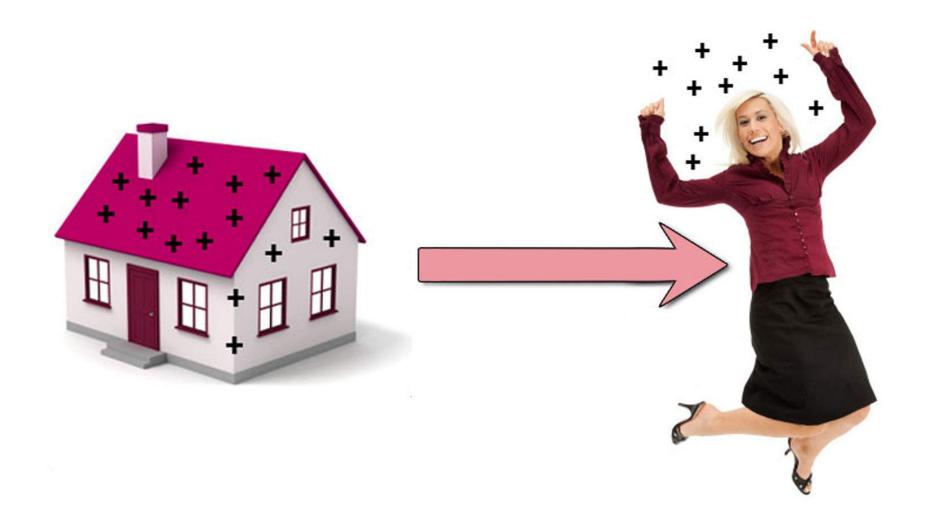




The IDEAL Scenario...







FENG SHUI = WIND WATER





Important Feng Shui Principles

- 1. Feng Shui is More Powerful Than Chinese Medicine.
- 2. You Can't Hide Everything Counts.
- 3. Your Home Is Talking To You 24-7.
- 4. Your Home Is Medicine for Your Soul.
- 5. Every Area Holds An Opportunity for Transformation.
- 6. The More Shifts You Make, the Bigger Your Results.
- 7. The More Stuff You Own, the More It Owns You.
- 8. Serene Spaces Are Good for EVERYONE Now.
- 9. Clean Like God Is Coming.
- 10. Good Feng Shui is NOT About "Rules."

COMMON FENG SHUI RESULTS

- 1. Huge Life, Love, Career + Spiritual Transformations
- 2. Increased Opportunities, Raises, Jobs, etc.
- 3. Positive Boost to Finances + Overall Abundance
- 4. Dramatic Shifts in Love Relationships
- 5. Confidence increases.
- 6. Weight Loss.
- 7. More Energy, Improved Health + Greater Vitality.
- 8. Focus, Concentration + Productivity.
- 9. Life Feeling Easier Overall.
- 10. More Joy, Happiness and Fulfillment.

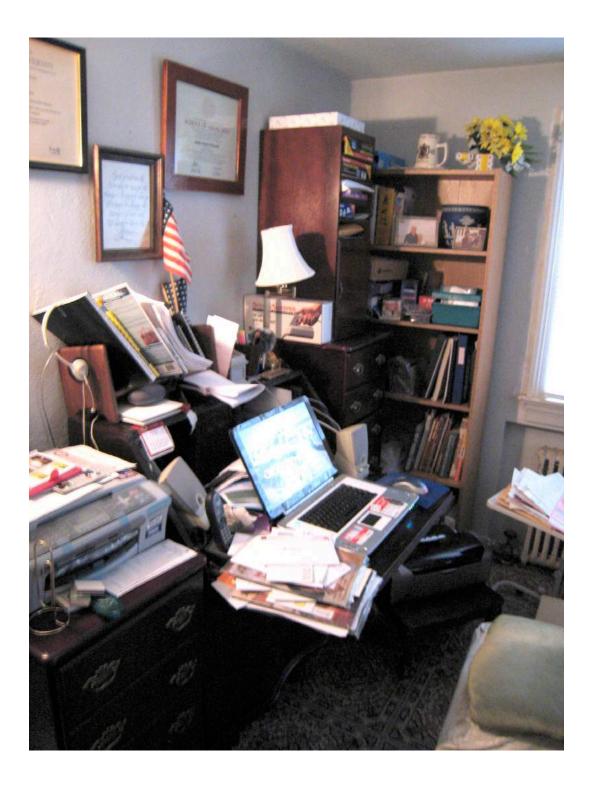
CLUTTER

What Constitutes Clutter?

- Anything that doesn't have a "home"
- Containers, closets or drawers 50%+ full
- Objects that don't reflect your future-self
- Objects kept out of guilt or fear
- Unfinished, unorganized projects
- Anything that's gone unused for 6+ months
- Anything you don't have room to store easily
- Broken objects (sitting around for more than 2 wks)

7 Clutter Questions:

- 1. Do I need this?
- 2. Do I love this?
- 3. Does this reflect where I'm headed 2-5 years down the road?
- 4. Does it lift (or tank) my energy?
- 5. What am I afraid would happen if I let this go?
- 6. Can I be sure these thoughts are true?
- 7. What action can I take today?



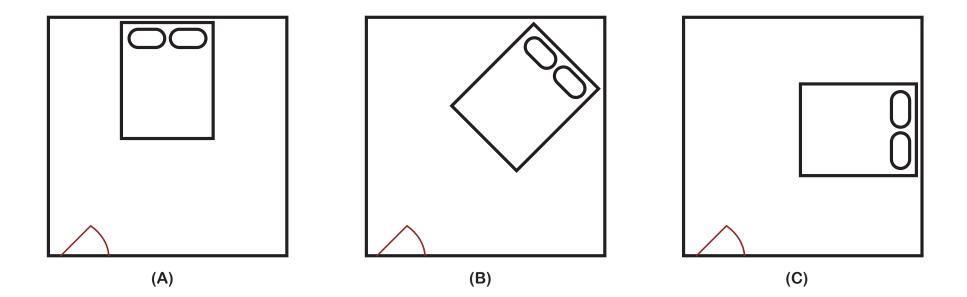


BEDROOMS

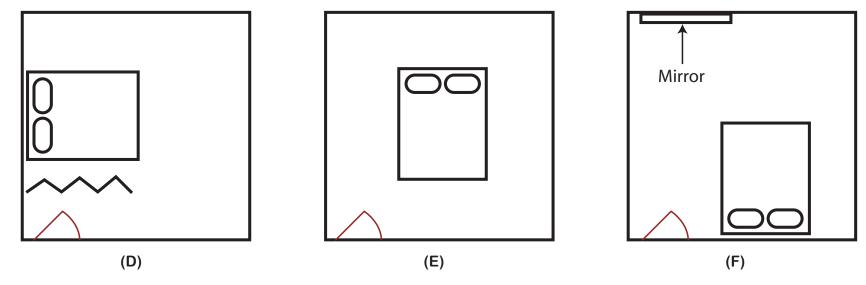
FENG SHUI IN BEDROOMS:

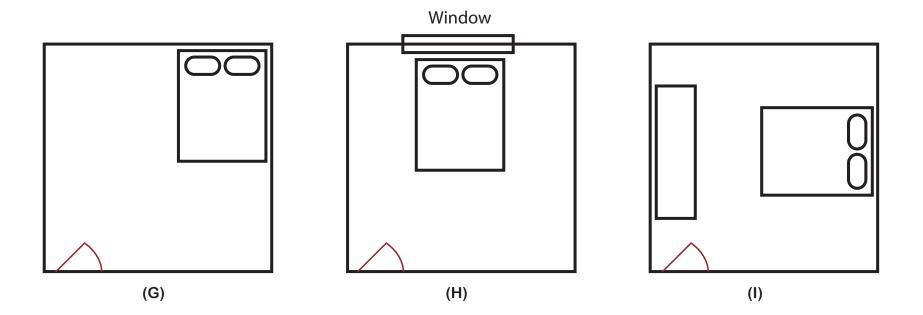
Evokes connection and oneness.
Instills intimacy and sensuality.
Inspires relaxation, rest + health.

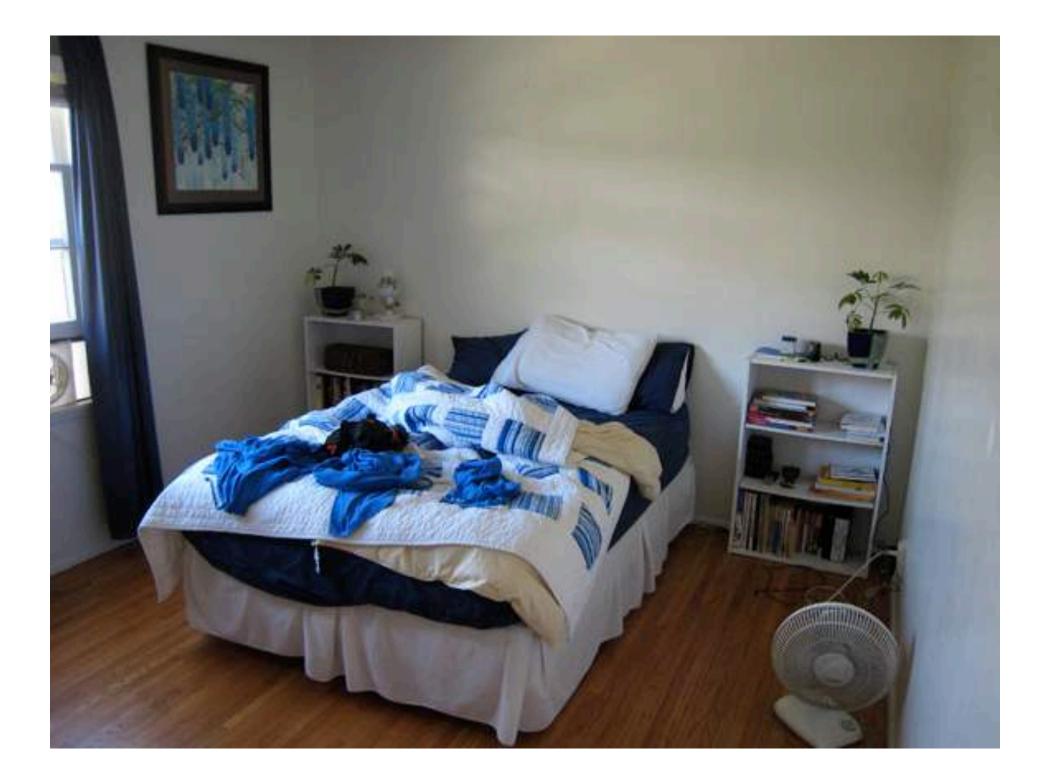
Ideal Bedroom Layouts:

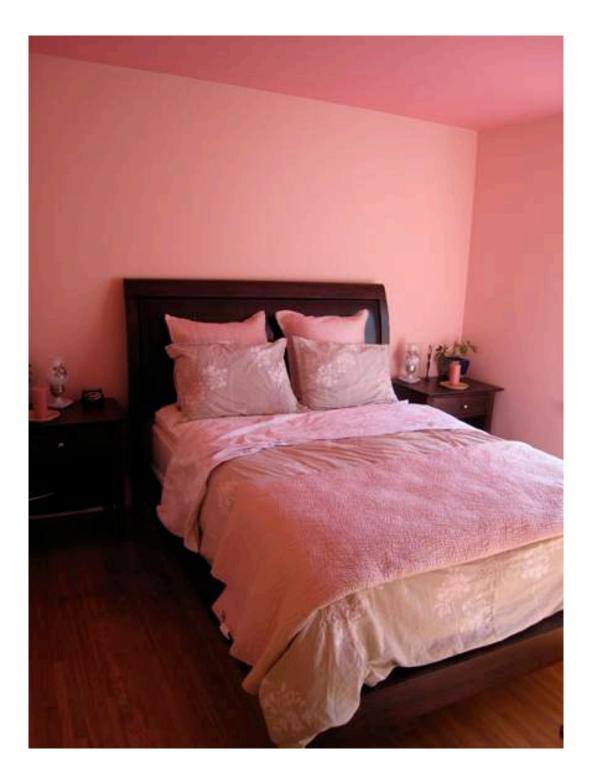


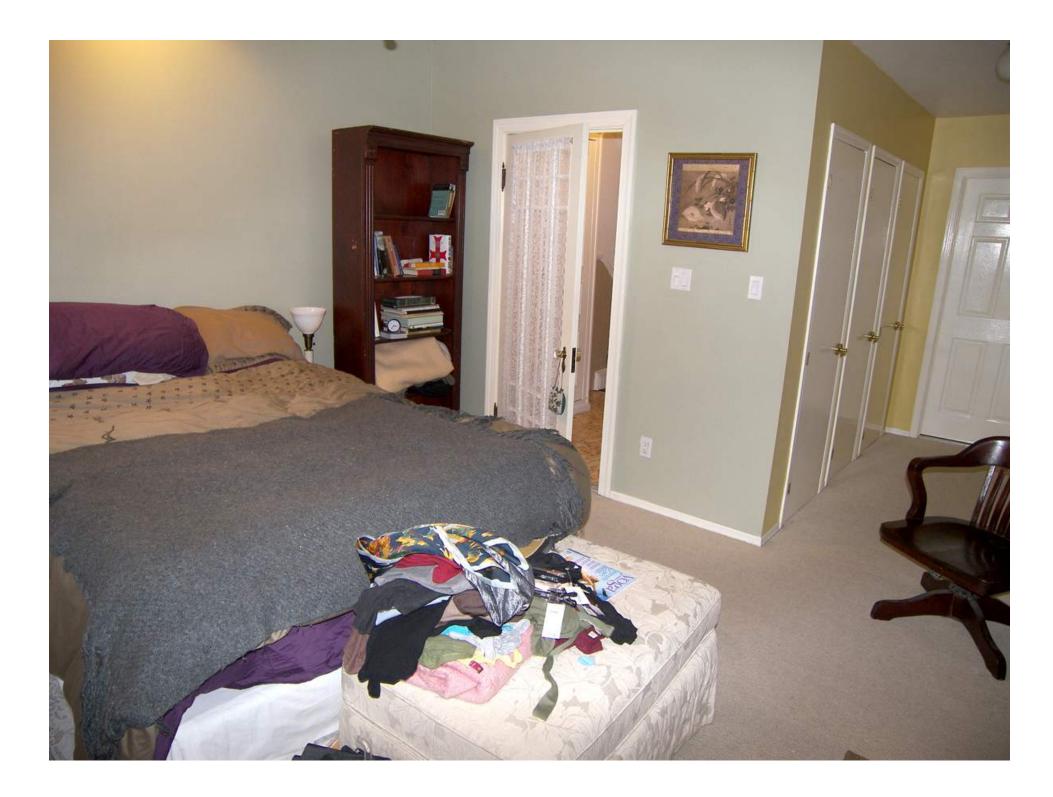
Non-Ideal Bedroom Layouts:





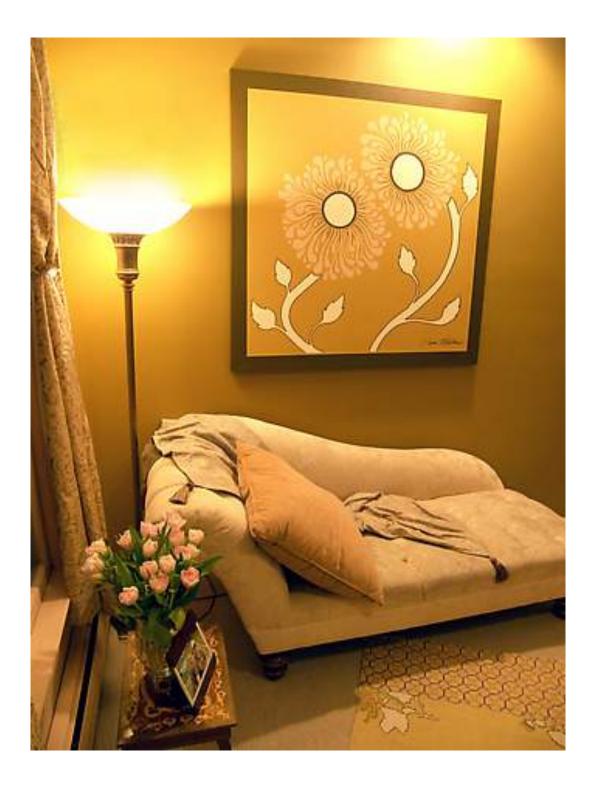




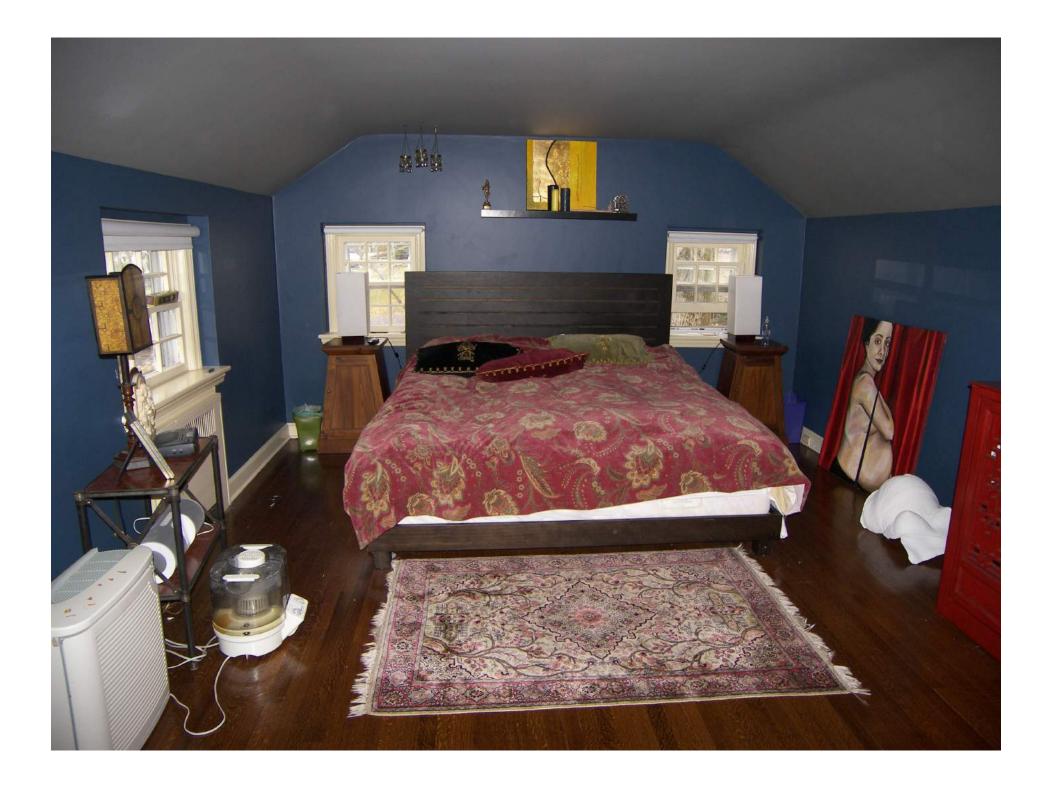


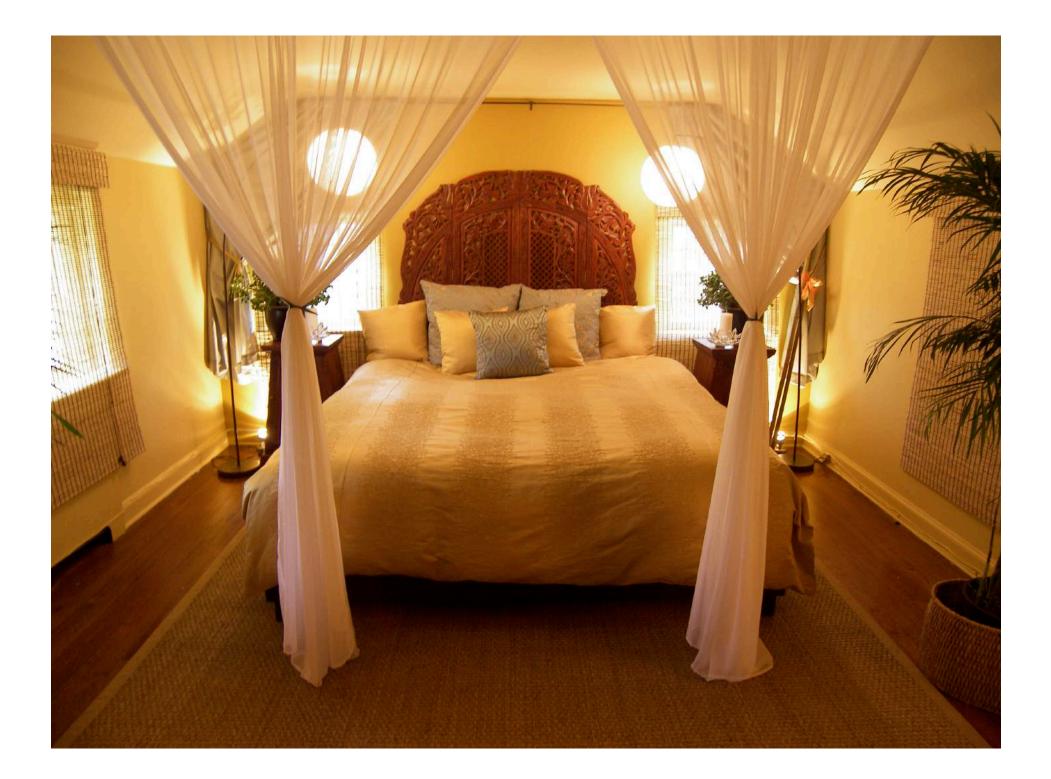


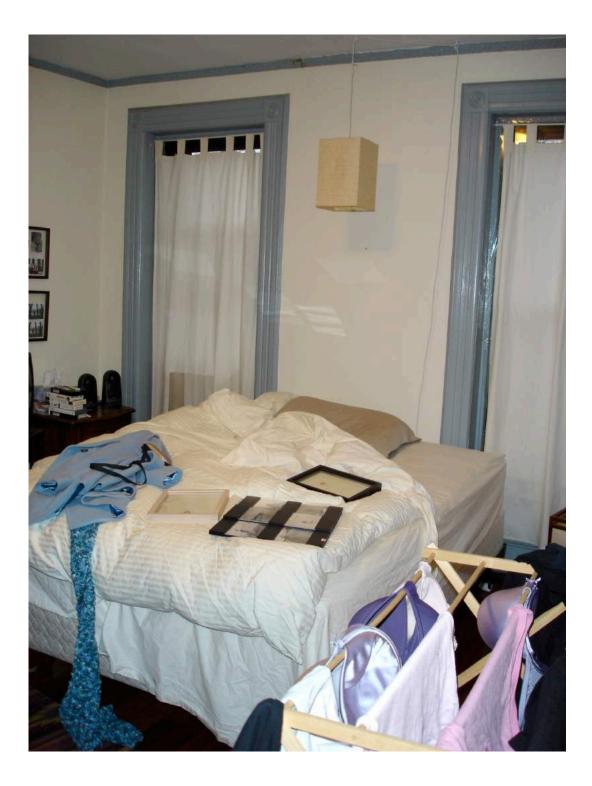




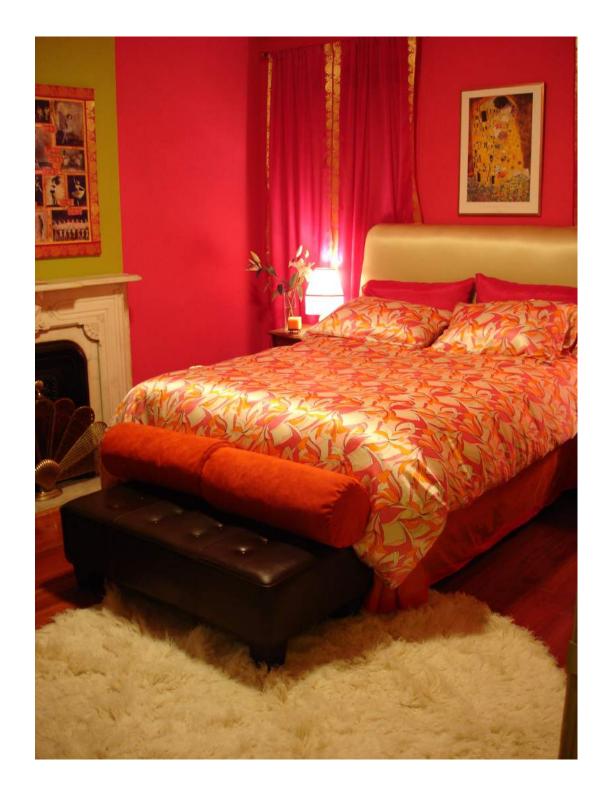


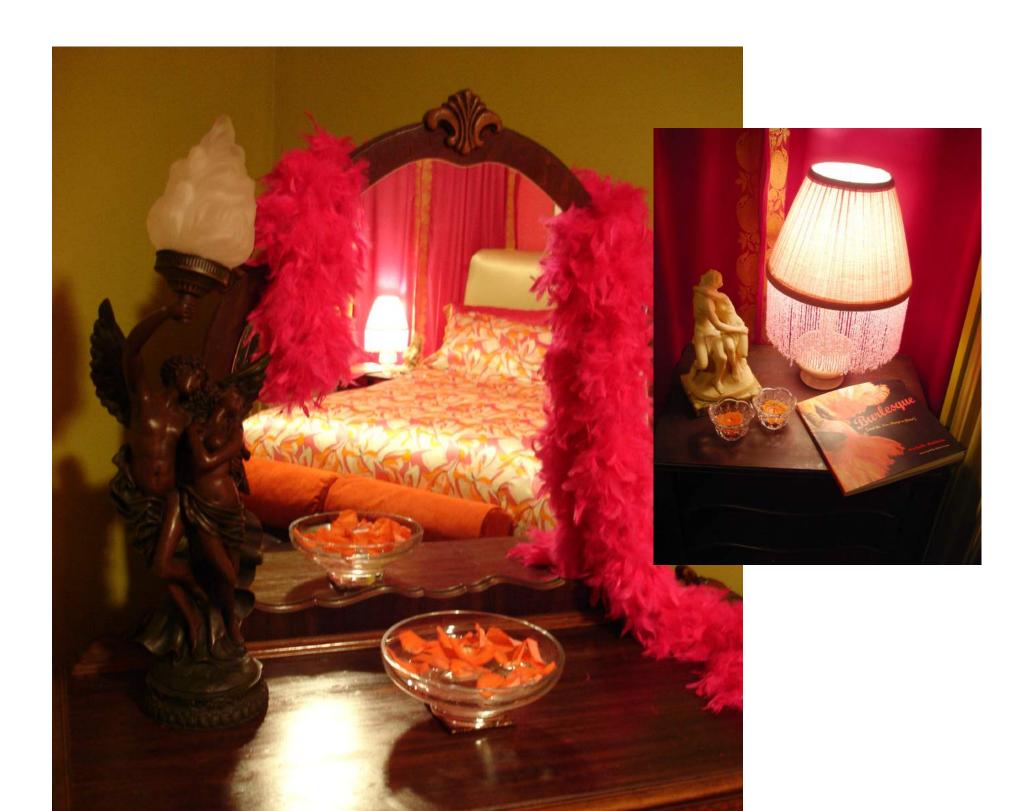


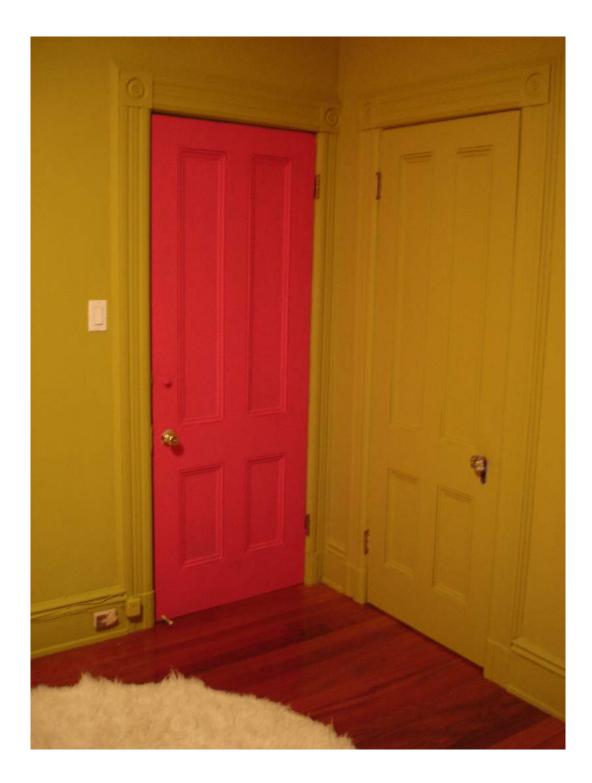






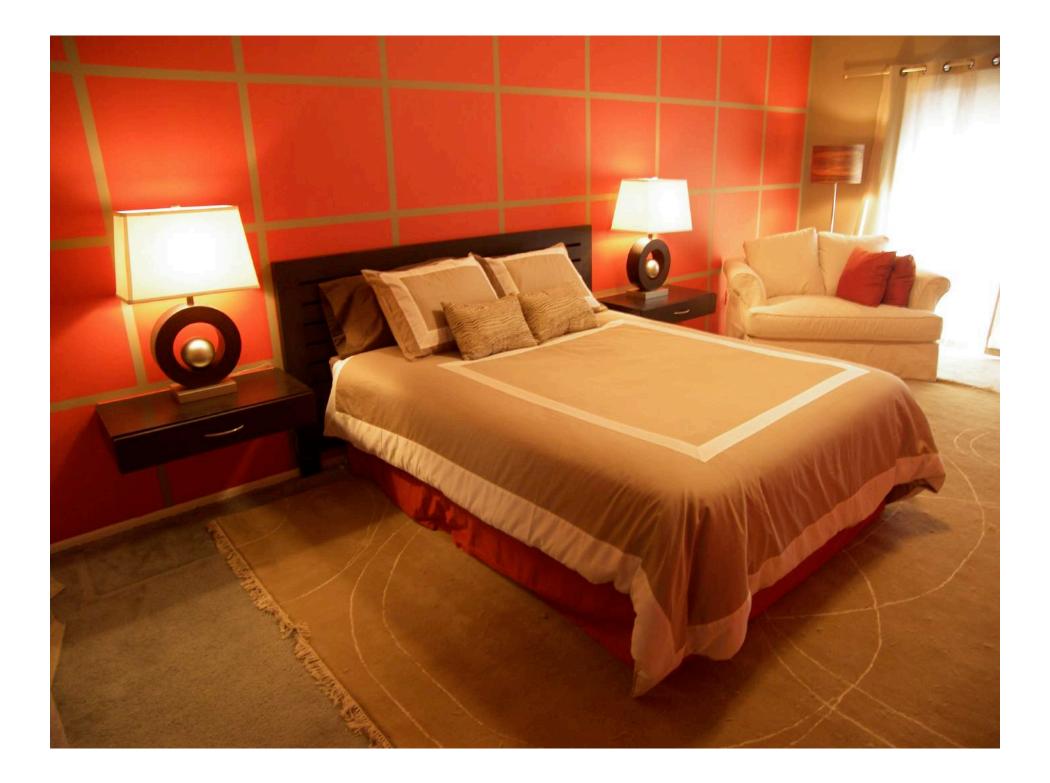














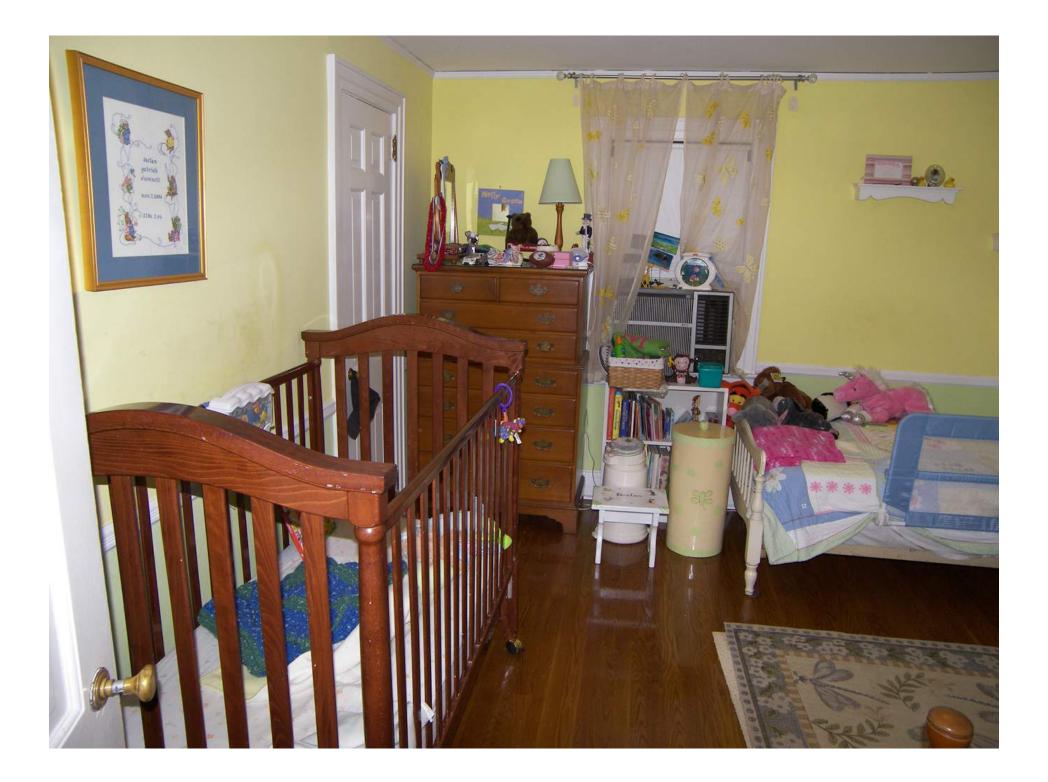


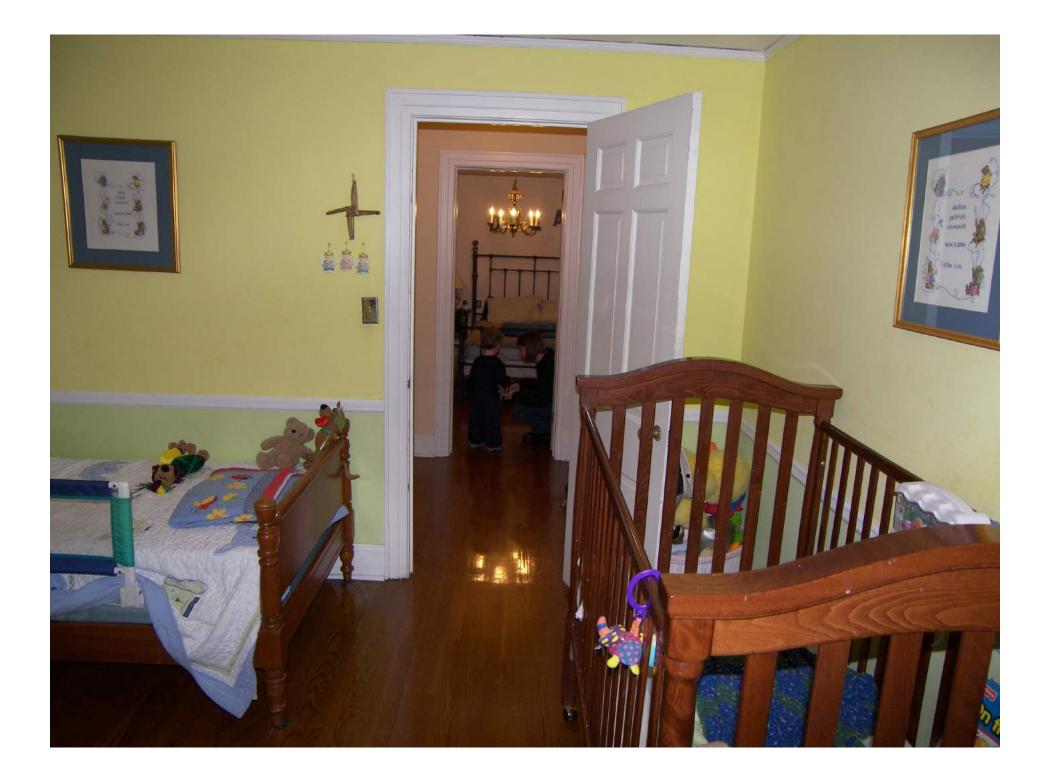






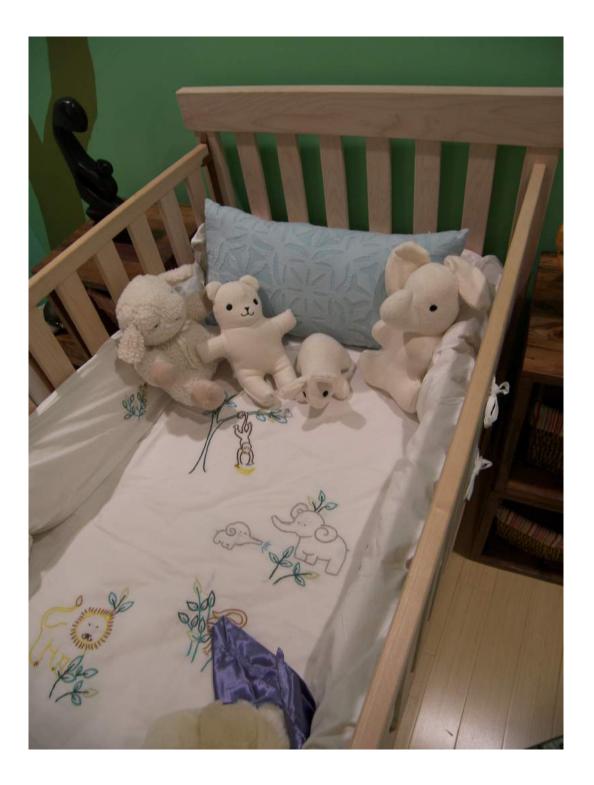


















10 Tips for Bedrooms

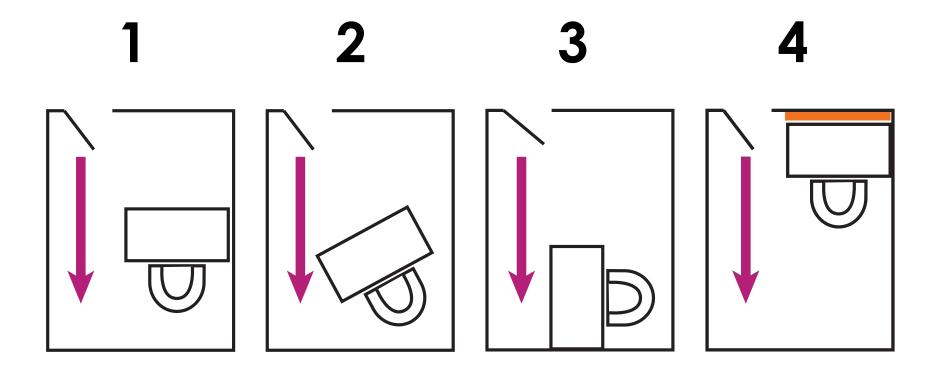
- 1. Sleep with your head far from the doorway.
- 2. Avoid sleeping in the pathway of the door.
- 3. Keep electronics + TVs out of the bedroom.
- 4. Have even space (and décor) on either side of bed.
- 5. Add "pairs" and romantic imagery.
- 6. Avoid extremely large bedrooms.
- 7. Shoot for a Queen size bed vs. a King.
- 8. Use quiet, calming and relaxing designs.
- 9. Incorporate warm tones and sensual colors.
- 10. Select textures and fabrics that evoke intimacy.

OFFICES

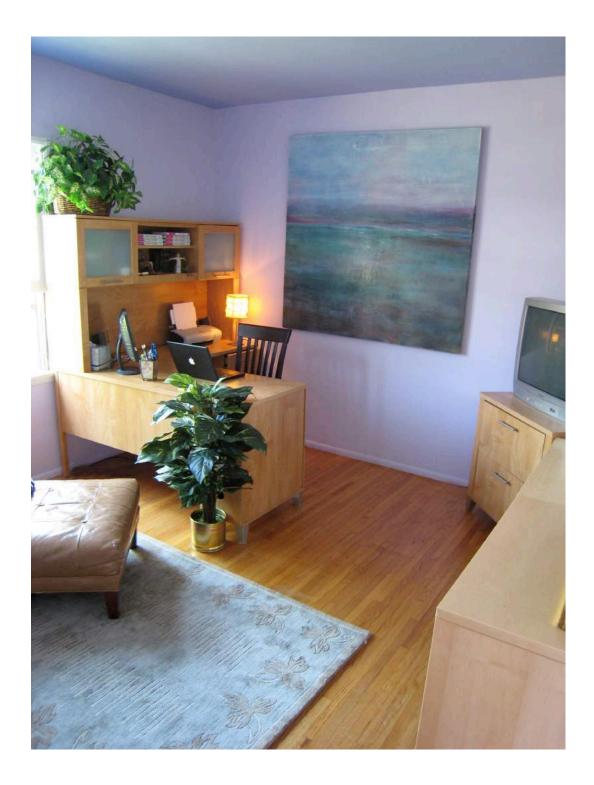
FENG SHUI IN OFFICES:

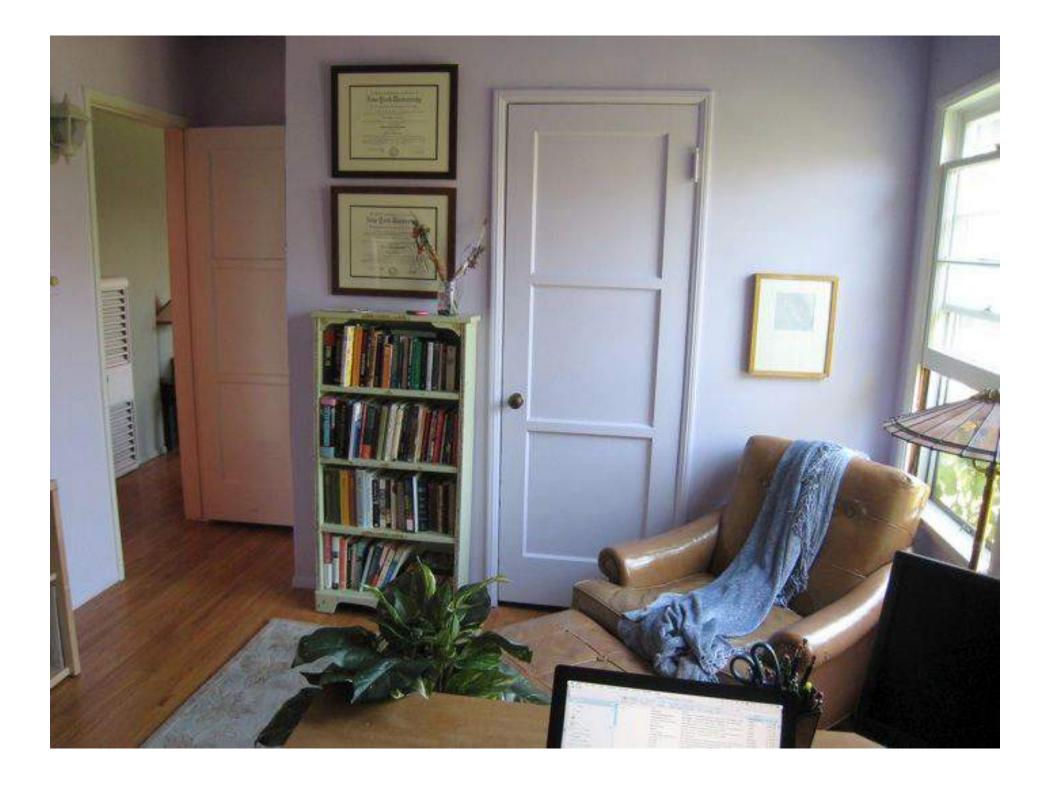
- 1. Evokes confidence.
- 2. Instills focus.
- 3. Inspires abundance.

Office Layouts:

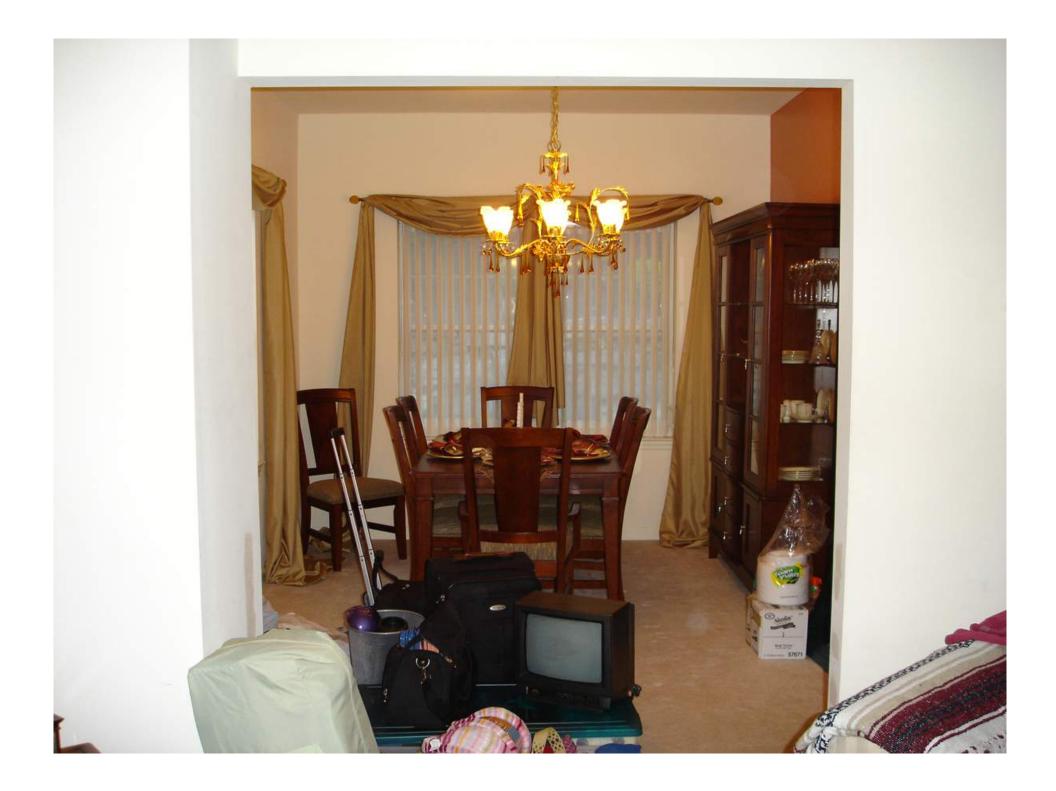




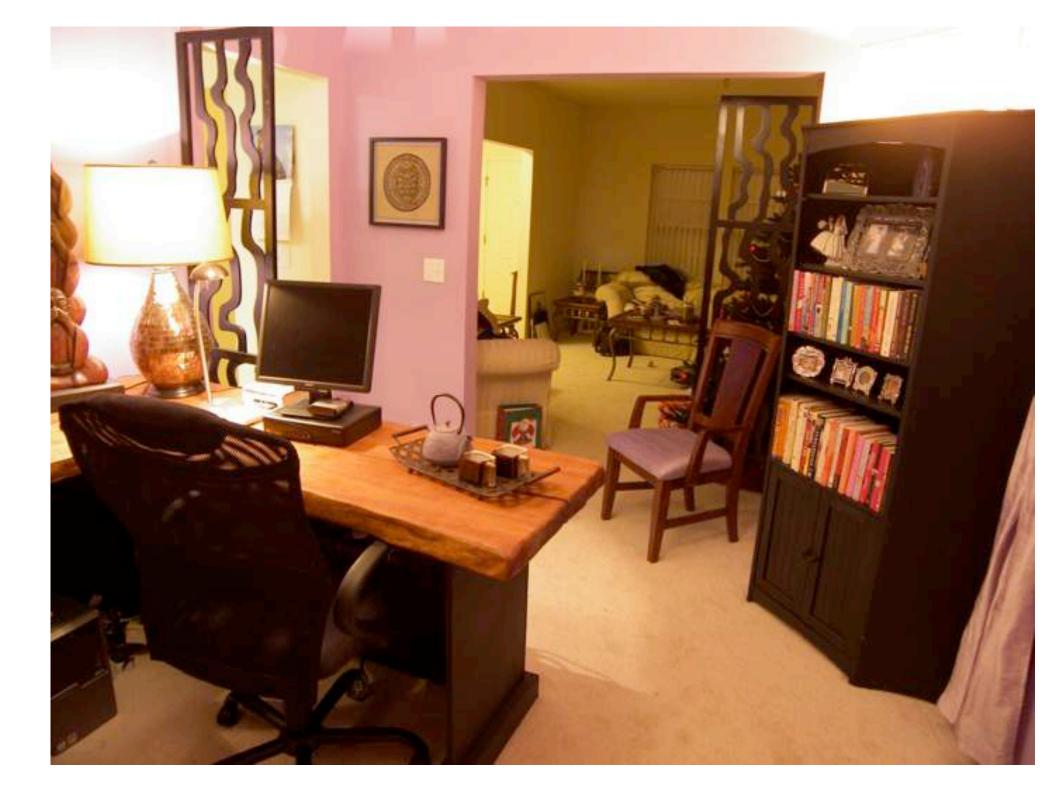


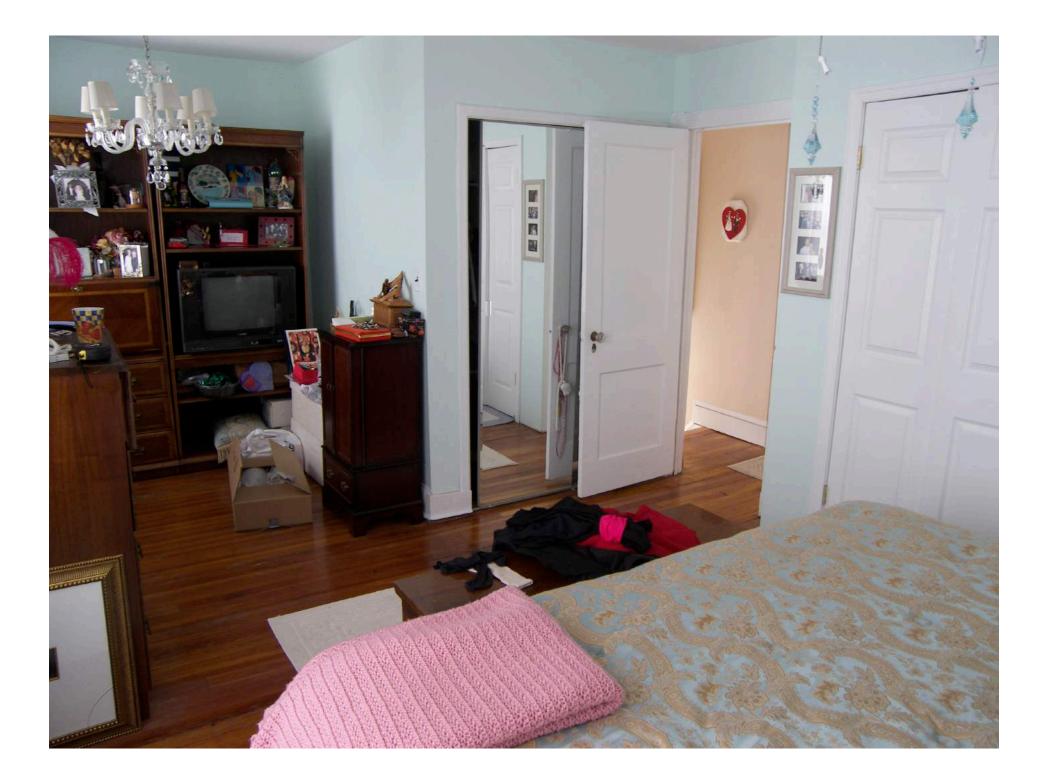




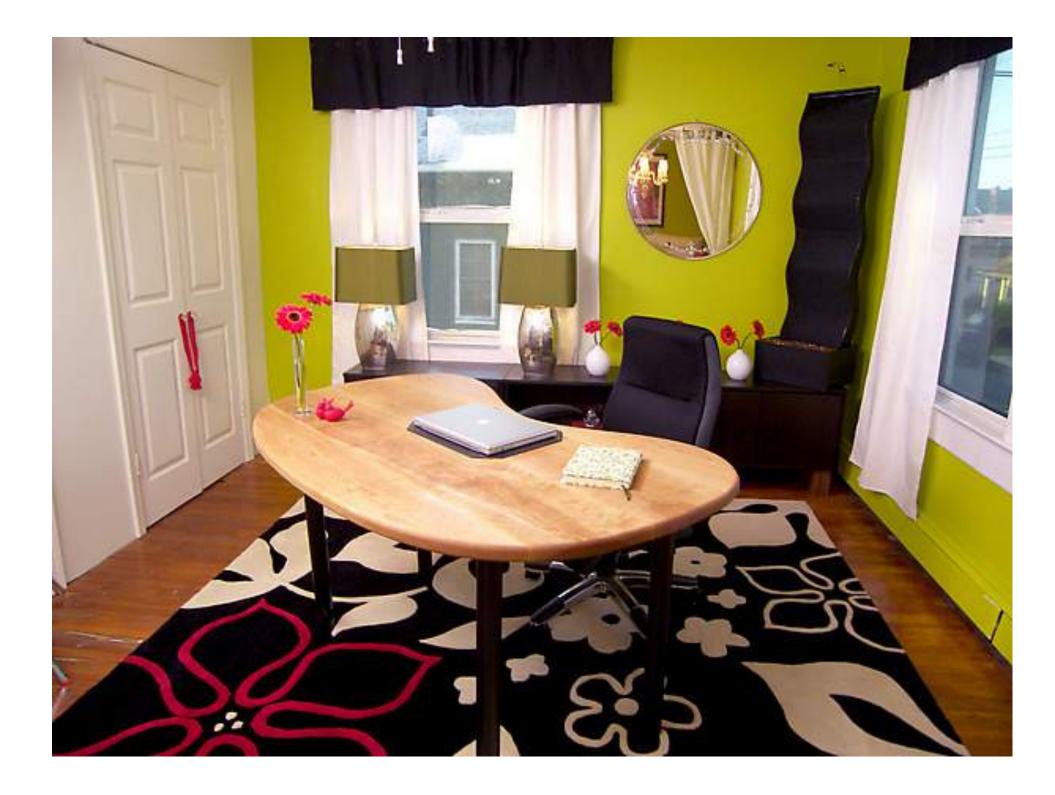


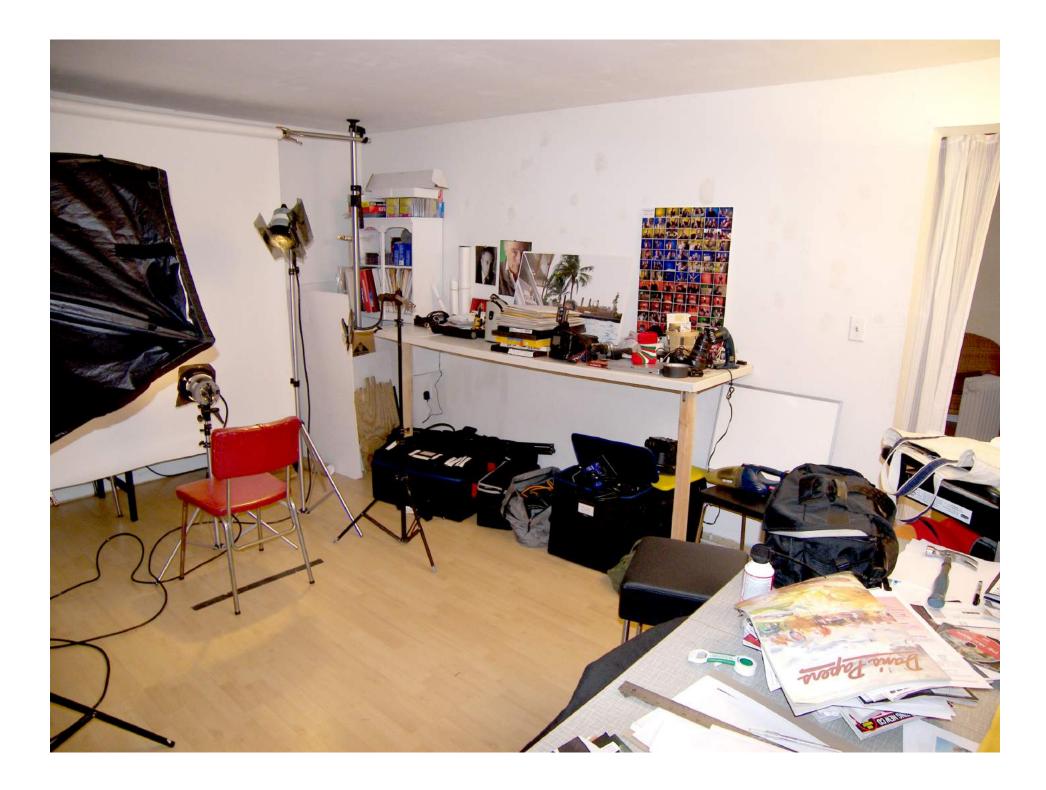


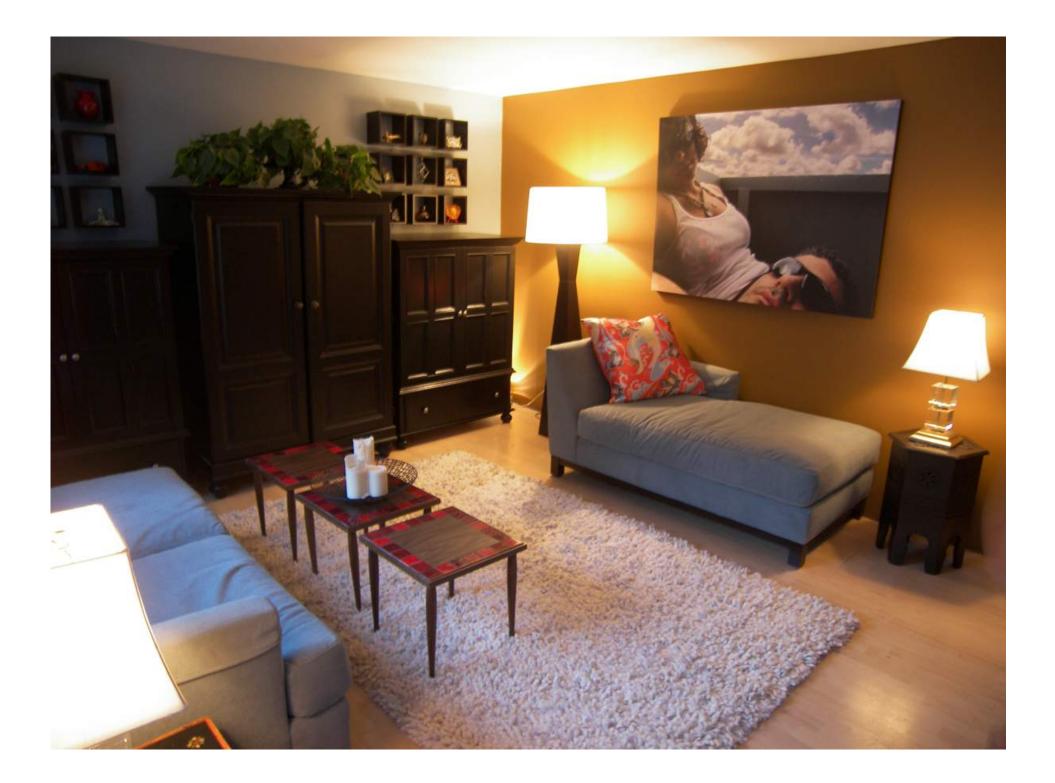












10 Tips for Awesome Offices

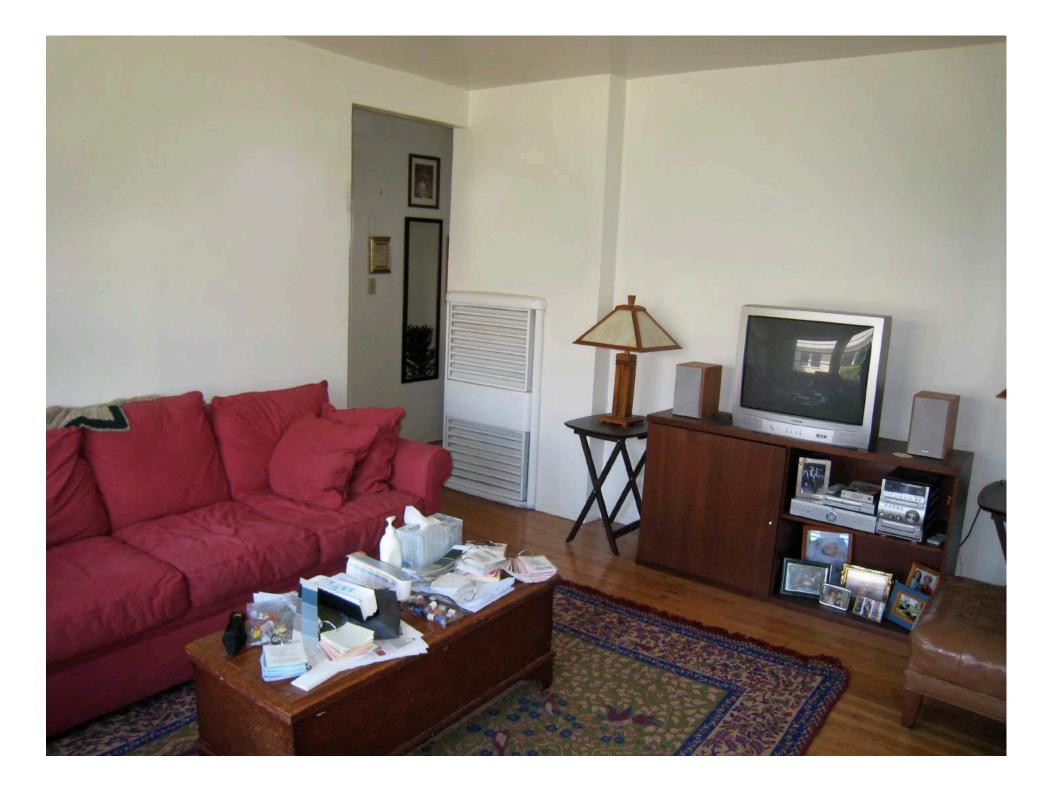
- 1. Face the door like a successful CEO
- 2. Keep your desktop cleared off
- 3. Have a "home" for everything
- 4. Keep visual noise to a minimum
- 5. Follow the 50-50 storage rule
- 6. Have a supportive chair
- 7. Have symbols for goals +/or achievements
- 8. Surround yourself with uplifting lights, artwork + color
- 9. Display high-quality, expensive or 1-of-a-kinds
- 10. Make sure this an office built for your FUTURE self!

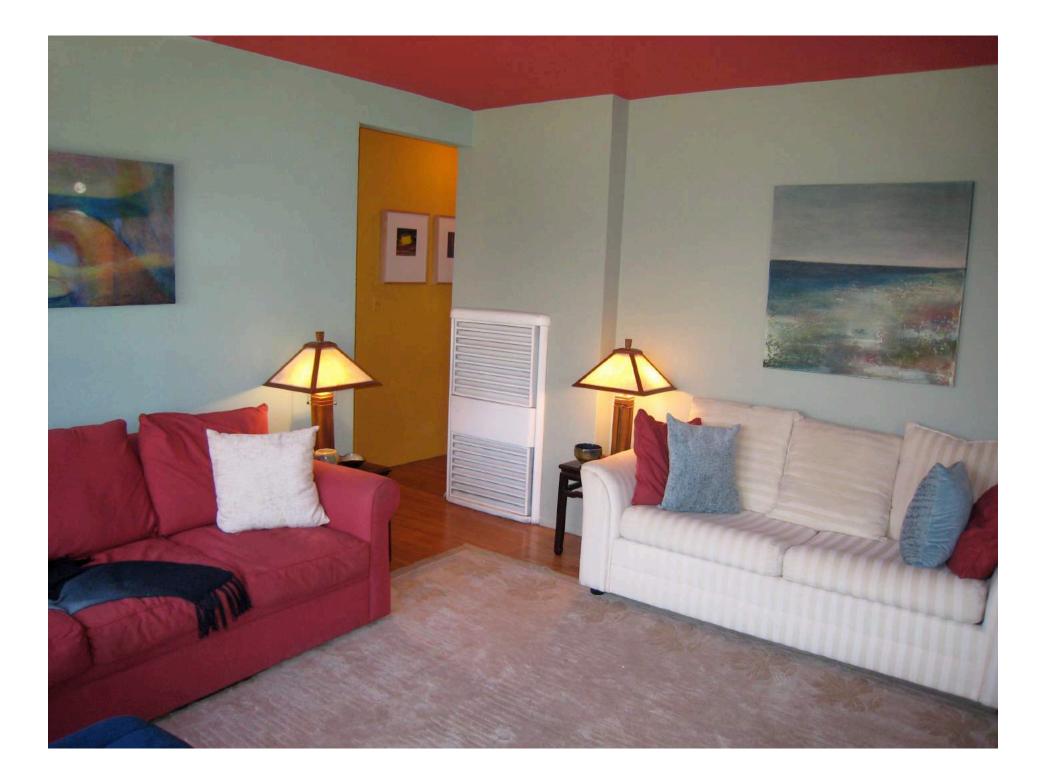
LIVING ROOMS

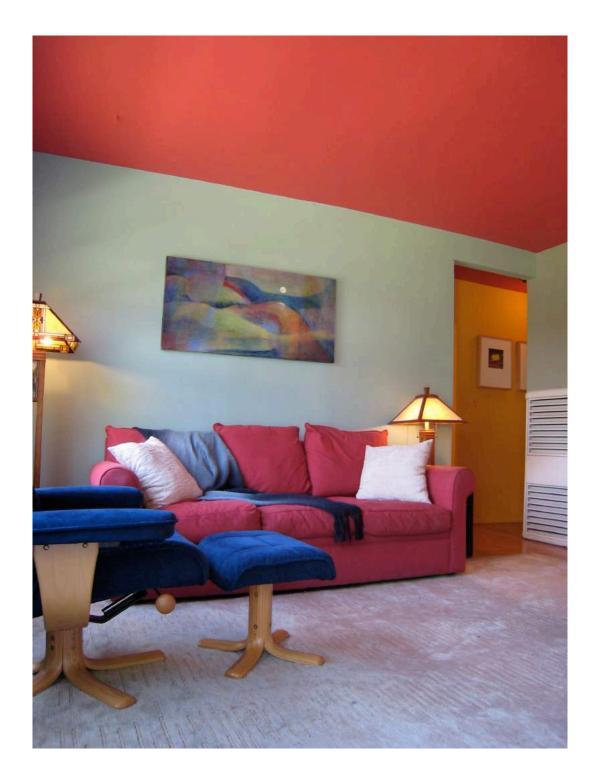








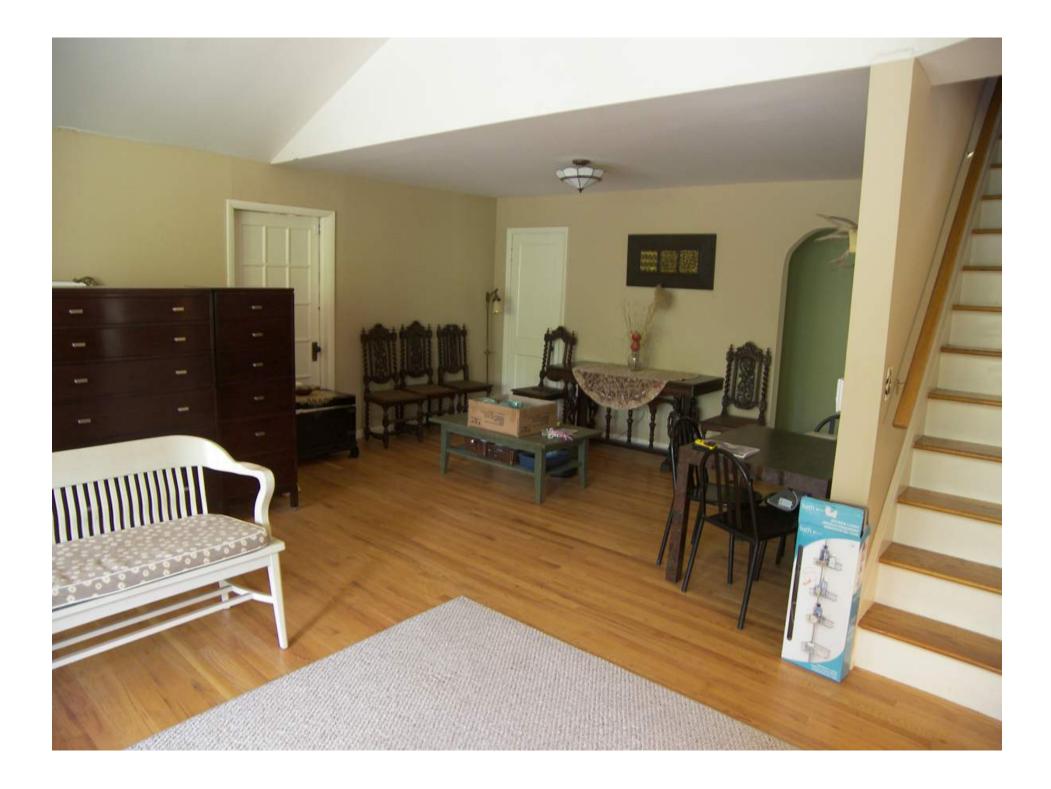
















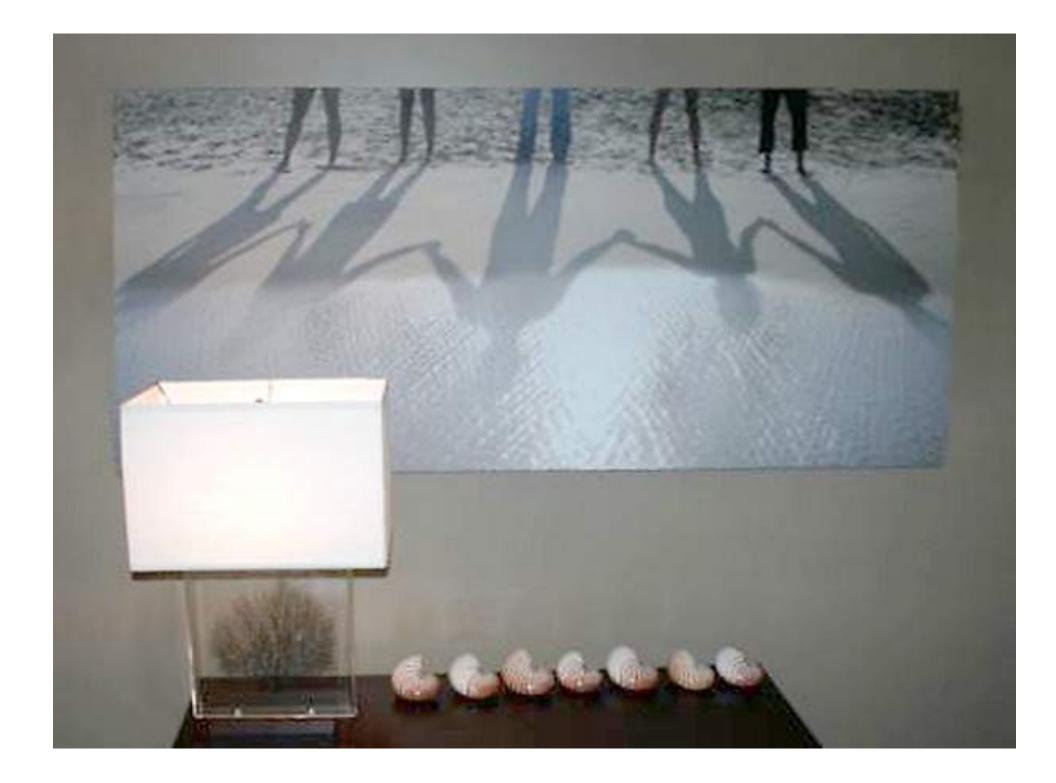
















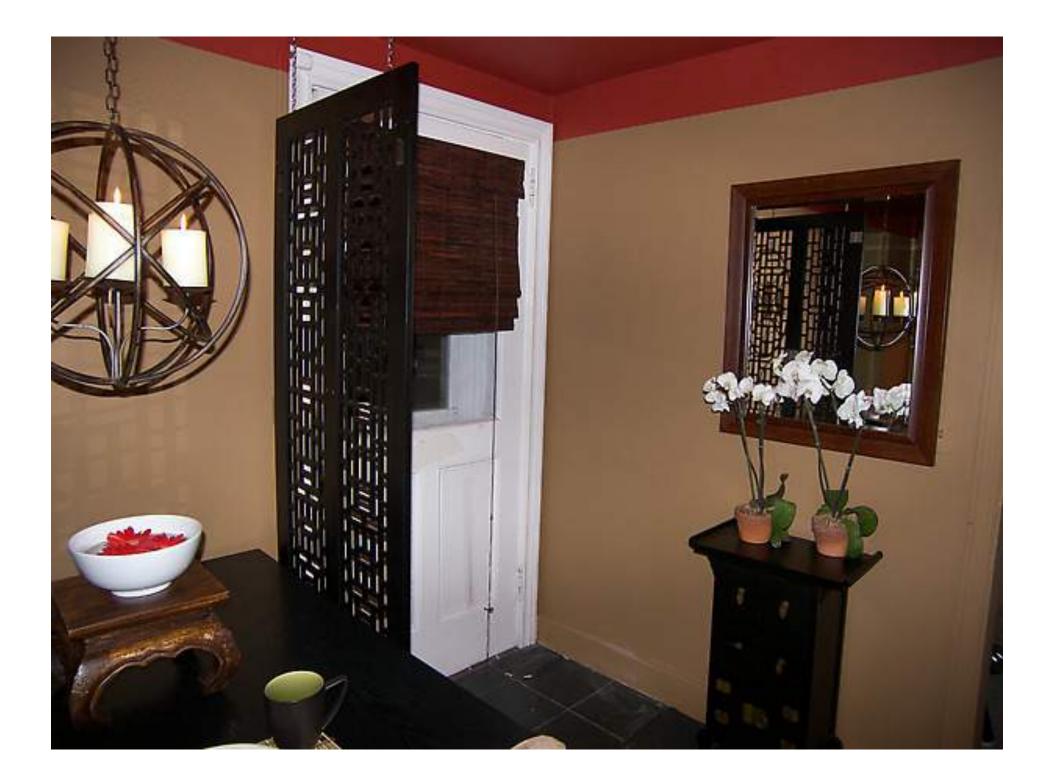
10 Tips for Living Rooms

- 1. Arrange Furniture So They're Talking to One Another
- 2. Make Sure the Room is Welcoming + Inviting
- 3. Avoid Shrines to the TV
- 4. Avoid Running Into the Backs of Furniture
- 5. Make sure the seating is comfortable + supportive
- 6. Consider incorporating imagery of family + friends
- 7. You'll know it's "right" when people sit down!
- 8. Make sure everyone has a pleasing view
- 9. Put the couch (largest furniture) in the "power spot"
- 10. Incorporate soft textures, uplifting art, plants, versatile lighting, etc.

KITCHENS







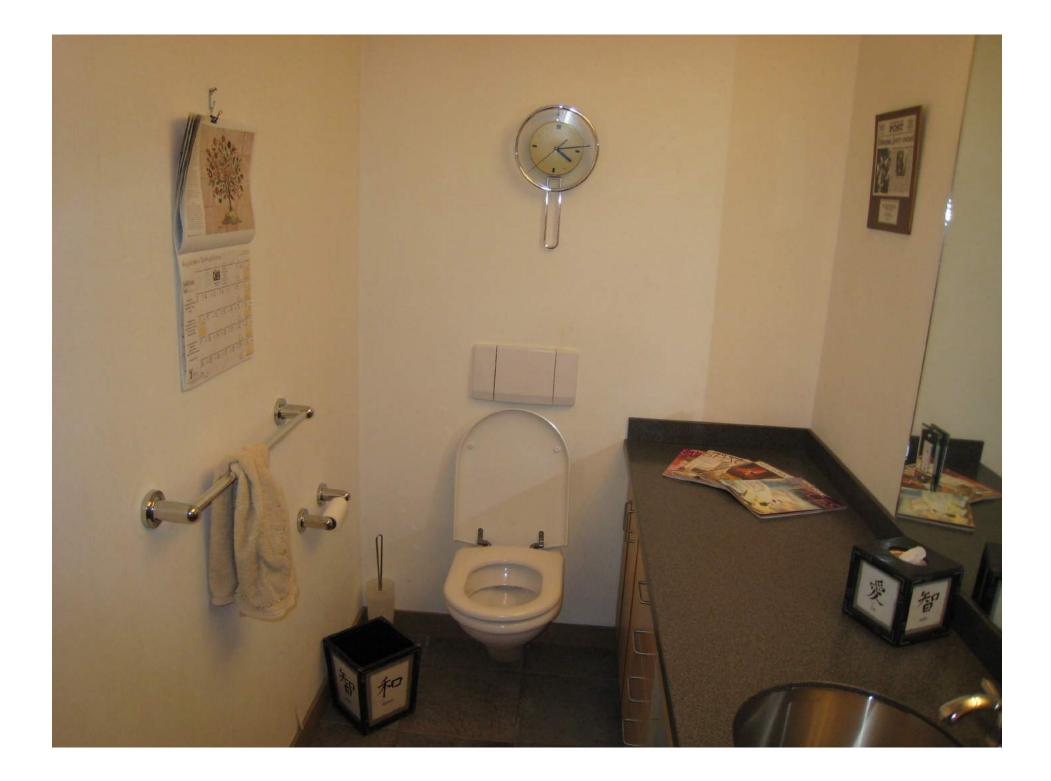


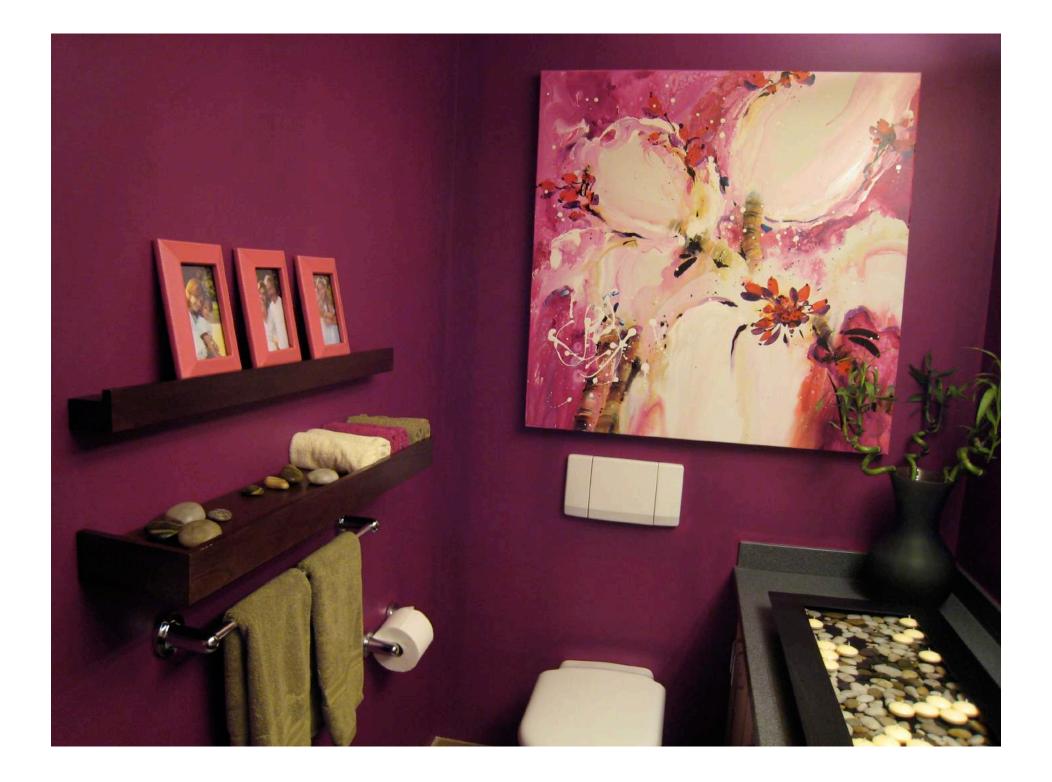


10 Tips for Kitchens + Dining Rooms

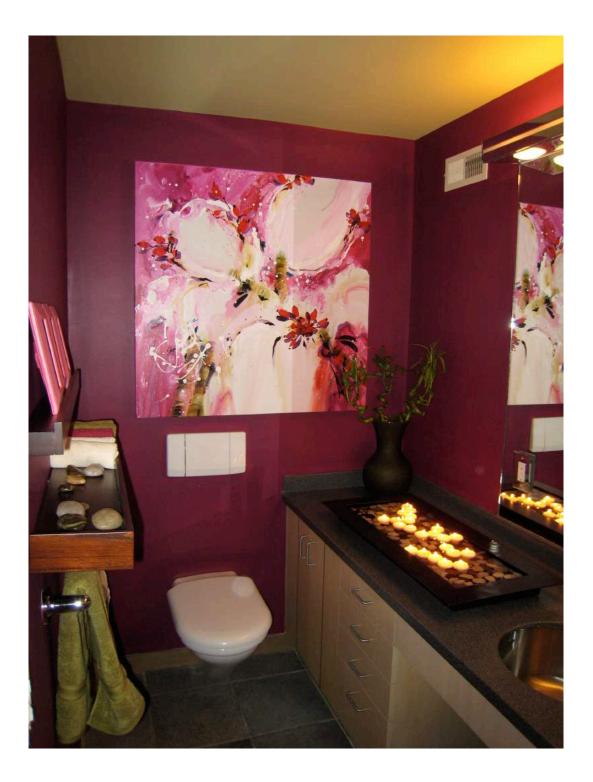
- 1. Have an empowered view from the stove
- 2. Keep things clean, sparkling and fresh inside + out!
- 3. Add flowers, bowls of fruit and fresh décor
- 4. Make sure everything is working properly
- 5. Throw out old/outdated food and pantry supplies
- 6. Arrange + store cooking tools for easy access
- 7. Store pantry food + supplies in glass containers
- 8. Make sure you can easily access all stored foods
- 9. Make sure dinner guests can see one another clearly
- 10. Set the table using beautiful dishes, candles + décor

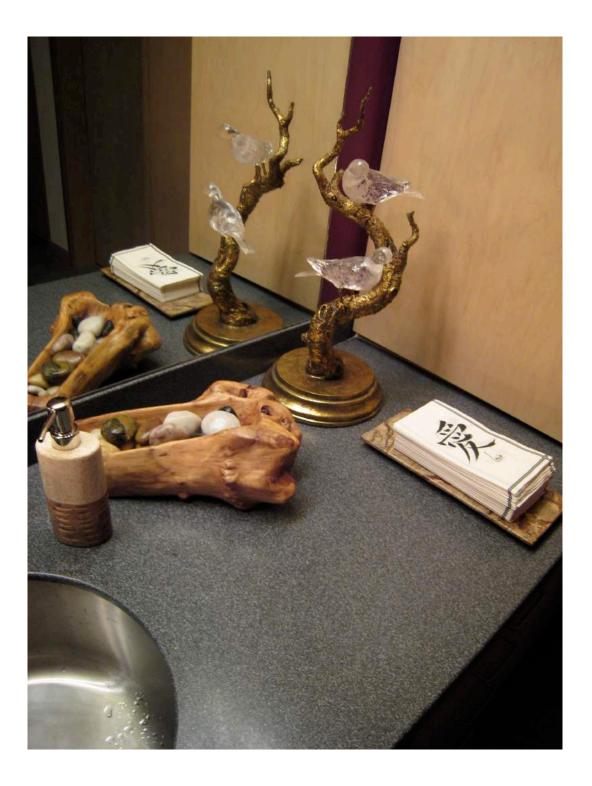
BATHROOMS











Tips for Bathrooms

- 1. Keep the toilet seat down
- 2. Incorporate beautiful artwork and décor
- 3. Incorporate sensual textures and towels
- 4. Incorporate uplifting/soothing scents
- 5. Incorporate horizontal lines, squares and rectangles
- 6. Consider bringing in earthy tones and materials
- 7. Keep things sparkling clean + fresh
- 8. Keep things beautifully organized and uplifting
- 9. Bring in sensual products: like bath salts, bubble bath, essential oils, skin brushes, body oils, body washes, salt scrubs, loofahs, etc.

10 Tips for Lifting Your Chi

- 1. Diffused Essential Oils
- 2. Emotionally-Charged Imagery
- 3. Plants and Flowers
- 4. Objects that Move/Circulate: Water Features
- 5. Luxurious, High-End, 1-of-a Kind Objects
- 6. Soothing: Horizontal Arrangements
- 7. Inspiring: Vertical Arrangements
- 8. Minimalistic Arrangements/Visual Noise
- 9. Cleaning
- 10. Sorting/Editing/Purging/Fixing

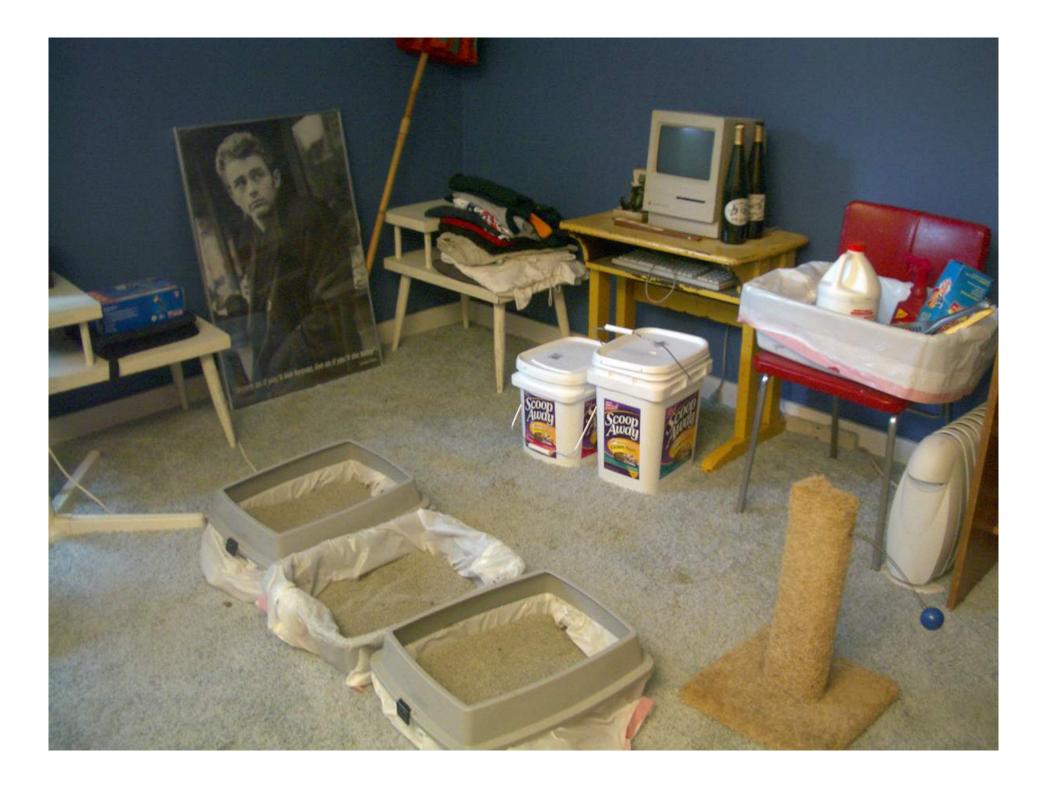
Ideas for Inspired Imagery:

- Framed photos of favorite clients
- Images of people feeling/having what you want
- Images, models or collages of what you desire
- Luxurious, expensive or high-end items
- One-of-a-kind, handmade or natural objects
- Diplomas, or reminders of major awards or achievements
- Luxurious textures or fabrics: silk, satin, velvet, linen, leather
- Artwork that evokes confidence, faith, joy, passion, etc.
- Objects that reflect/refract light: crystals, chandeliers, etc.
- Objects with flowing water: fish tanks, water features, etc.
- Branded colors, logos, etc.
- A countdown clock for your goals
- Expensive or high-end handbag, wallet, briefcase, etc.
- Beautiful box, stamps, calculator, labeled financial files, etc.

BAGUA MAP

WEALTH & PROSPERITY	FAME & REPUTATION	LOVE & MARRIAGE
HEALTH & FAMILY	CENTER	CREATIVITY & CHILDREN
WISDOM & SELF- CULTIVATION	CAREER	HELPFUL PEOPLE & TRAVEL

ENTRANCE QUADRANT



THANKS FOR ATTENDING!

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