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# Money Wake-Up Call

FREE FINANCIAL TRAINING FOR WOMEN ON A MISSION

## Your Money I.Q. Test

The following quiz is geared to help you determine where you have financial strengths, and where you have weaknesses in this moment. Once you've pinpointed those areas that require the most TLC, you can pursue those areas directly, and make focused effort to dig deep and heal those spots.

Answer the questions by selecting the answer that **best** applies, or that you lean toward most. Make sure to be extremely honest with your answers! Then check back in 3 months to track your progress!

You can tally your score after each section, and review the scoring chart at the end of the quiz to see how you did. ...Ready to get started?

### MODULE 1: Spending with Eyes Wide Open

	True	False
1. I can easily tell you my net worth, as I review it often.	<input type="checkbox"/>	<input type="checkbox"/>
2. I rarely use credit cards, and if I do, I pay the balance off in full each month.	<input type="checkbox"/>	<input type="checkbox"/>
3. I track every dollar I spend, meticulously.	<input type="checkbox"/>	<input type="checkbox"/>
4. I rarely spend impulsively — I think through all of my purchases before buying.	<input type="checkbox"/>	<input type="checkbox"/>
5. I make sure to spend less than I make.	<input type="checkbox"/>	<input type="checkbox"/>
6. I talk about finances openly with my partner or significant other.	<input type="checkbox"/>	<input type="checkbox"/>
7. I balance my checkbook regularly, and pay myself first each month.	<input type="checkbox"/>	<input type="checkbox"/>
8. I am very clear about how much it costs me to live.	<input type="checkbox"/>	<input type="checkbox"/>
9. I have a clearly defined budget, and stick to it most months.	<input type="checkbox"/>	<input type="checkbox"/>
10. When I have debt, I make a clear payment plan to pay it off promptly.	<input type="checkbox"/>	<input type="checkbox"/>

Add the number of True + False statements. Then write the totals here:

<input type="text"/>	<input type="text"/>
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## MODULE 2: Discovering Your Money Makeup

	True	False
1. I understand how my personality type affects my relationship to money.	<input type="checkbox"/>	<input type="checkbox"/>
2. I no longer carry the financial limitations, patterns or traits of my family.	<input type="checkbox"/>	<input type="checkbox"/>
3. I have Zero cares or concerns about what others think about my income.	<input type="checkbox"/>	<input type="checkbox"/>
4. I am totally comfortable with the thought of having lots of money.	<input type="checkbox"/>	<input type="checkbox"/>
5. My immediate family had plenty of money and very little financial drama.	<input type="checkbox"/>	<input type="checkbox"/>
6. I never give to friends, family or strangers out of guilt or obligation.	<input type="checkbox"/>	<input type="checkbox"/>
7. I honor my family lineage, and make sure to learn from their challenges.	<input type="checkbox"/>	<input type="checkbox"/>
8. My family's actions around money do not influence my financial choices.	<input type="checkbox"/>	<input type="checkbox"/>
9. I don't worry what others think about my desire to make more money.	<input type="checkbox"/>	<input type="checkbox"/>
10. I feel comfortable discussing finances opening, even if others disagree.	<input type="checkbox"/>	<input type="checkbox"/>

Add the number of True + False statements. Then write the totals here:

<input type="text"/>	<input type="text"/>
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## MODULE 3: Resetting Your Money Mindset

	True	False
1. I have no expectations than my romantic partner will support me financially.	<input type="checkbox"/>	<input type="checkbox"/>
2. I have no negative emotions when it comes to money.	<input type="checkbox"/>	<input type="checkbox"/>
3. I enjoy interacting with money + find it interesting, challenging and intriguing.	<input type="checkbox"/>	<input type="checkbox"/>
4. The pursuit of money is always an exciting, creative adventure to me.	<input type="checkbox"/>	<input type="checkbox"/>
5. I have a deep knowing that I am always being supported by the Universe.	<input type="checkbox"/>	<input type="checkbox"/>
6. I have the awareness that life has always provided me with "enough".	<input type="checkbox"/>	<input type="checkbox"/>
7. I am happy, regardless of how much money is in my bank account.	<input type="checkbox"/>	<input type="checkbox"/>

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8. I know, no matter what, that I can generate more money at any time.

9. Money is totally neutral to me — neither good or bad. It just "is".

10. I see the abundance of life all around me, at every moment.

**Add the number of True + False statements. Then write the totals here:**

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## MODULE 4: Tuning Your Financial Frequency

	True	False
1. I don't wait for things to perfectly align in my life before I feel wonderful.	<input type="checkbox"/>	<input type="checkbox"/>
2. The main focus of my life is to always turn toward good feeling thoughts.	<input type="checkbox"/>	<input type="checkbox"/>
3. I don't fixate on what is happening today, but on who I will "be" tomorrow.	<input type="checkbox"/>	<input type="checkbox"/>
4. I know that feeling good is the most important factor in manifesting money.	<input type="checkbox"/>	<input type="checkbox"/>
5. I enjoy reading about financially successful people + basking in their energy.	<input type="checkbox"/>	<input type="checkbox"/>
6. I enjoy spending time in situations + environments that boost my confidence.	<input type="checkbox"/>	<input type="checkbox"/>
7. I am so proud of where I am today with money — and look forward to more!	<input type="checkbox"/>	<input type="checkbox"/>
8. I make sure to take time daily to listen to, read about, or learn about money.	<input type="checkbox"/>	<input type="checkbox"/>
9. I read books, magazines and newspapers that stretch my financial wisdom.	<input type="checkbox"/>	<input type="checkbox"/>
10. My activities, reading and TV watching are all forward-moving and uplifting.	<input type="checkbox"/>	<input type="checkbox"/>

**Add the number of True + False statements. Then write the totals here:**

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## MODULE 5: Taking Wealth-Building Actions

	True	False
1. I am always taking action toward my goals that surprise those who know me.	<input type="checkbox"/>	<input type="checkbox"/>
2. I enjoy stretching outside of my comfort zone in all I do — it feels so great!	<input type="checkbox"/>	<input type="checkbox"/>
3. I don't label physical sensations as "fear" — but rather, "excitement!"	<input type="checkbox"/>	<input type="checkbox"/>

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- 4. I know that when I feel “fear” it simply means I’m stretching and growing!
- 5. I easily move through fear, because I know it is just a feeling. Nothing more.
- 6. I’m aware that my Soul is unafraid, and has come here to create big things!
- 7. I’m not concerned about always being “right” with my actions.
- 8. I don’t see any action as a failure — I know they all teach and serve.
- 9. I surround myself with lots of people who are as (or more) successful than me.
- 10. I realize the only way I grow stronger is to feel the fear — and do it anyway!

Add the number of True + False statements. Then write the totals here:

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## MODULE 6:

- |  | True                     | False                               |
|--|--------------------------|-------------------------------------|
| 1. When you’re sitting at my workspace, I feel inspired, focused and energized.  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. I have objects highlighted throughout my space that feel rich + abundant.     | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 3. I have plenty of free space in my rooms, drawers, closets and cabinets.       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 4. The artwork I own makes me feel confident, strong and unstoppable!            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 5. I don’t have piles of clutter in my home or workspace.                        | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 6. I easily get rid of things that are broken, outdated or that go unused.       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 7. My home and office are bright and cheery, and I enjoy showing them off.       | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 8. My room arrangements always feel open, welcoming and spacious.                | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 9. The areas where I pay my bills and store my financial supplies are beautiful. | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 10. My home reflects the confident woman I will be 5 years from today.           | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Add the number of True + False statements. Then write the totals here:

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Now write the totals from the previous modules in the boxes below:

	True	False	
<b>Module 1:</b>	<input type="text"/>	<input type="text"/>	[ Your clarity and honesty around your finances ]
<b>Module 2:</b>	<input type="text"/>	<input type="text"/>	[ Your level of financial baggage from your family ]
<b>Module 3:</b>	<input type="text"/>	<input type="text"/>	[ The amount of limiting beliefs you carry around money ]
<b>Module 4:</b>	<input type="text"/>	<input type="text"/>	[ Your clarity and honesty around your finances ]
<b>Module 5:</b>	<input type="text"/>	<input type="text"/>	[ Your ability to stay energetically aligned with abundance ]
<b>Module 6:</b>	<input type="text"/>	<input type="text"/>	[ Your willingness to take bold, wealth-building actions ]

**TOTALS:**

<input type="text"/>	<input type="text"/>
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Now let's review your scores and see where you rank when it comes to money:

- 0—6:** If your total number of "FALSE" statements is 6 or lower, then you can consider yourself "**EXCELLENT**" when it comes to managing and magnetizing money — BRAVO!
- 7—18:** If your total number of "FALSE" statements is between 7 and 18, then we'll consider you "**AVERAGE**" with money — doing far better than most women. You should definitely pat yourself on the back! Although you've got more work to do, it's nothing you can't enhance with a little help.
- 19—36:** If your total number of "FALSE" statements is between 19 and 36, then you've got the ranks of the "**STRUGGLING**" — doing some things well, but definitely have some work ahead of you. It's time to clear those blocks getting in the way of you having what you want. But with training + support, you can definitely turn things around.
- 37—100:** If your total number of "FALSE" statements is between 37 and 60, you're at "**RED ALERT**." (Don't feel badly though — this is where most women fit.) Now's your time! You MUST take a stand for yourself, your finances + your future and get to the roots of these issues. You've got big things to do, sister — and these patterns are blocking you, big time. You deserve SO much more than this!

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What are you noticing after filling out this Money I.Q. Test?  
Did you rank higher, or lower, than you expected?

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What 2 Modules had the highest “FALSE” scores?

1. \_\_\_\_\_
2. \_\_\_\_\_

What changes would you like to make in those areas to begin empowering yourself?

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After tallying your scores, and discovering your ranking, what are your thoughts? How will you take this information and put it to great use, and begin changing your financial habits, patterns, beliefs and actions?

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## Notes:

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## Notes: