

Stephanie McWilliams presents

Money Wake-Up Call

FREE FINANCIAL TRAINING FOR WOMEN ON A MISSION

Money Magnetism

Use this form daily for the next 3 months+, writing down the daily total of every single cent that comes into your life — whether it's from your paycheck, an inheritance, refund, money loaned from a friend, or a penny you found on the street. EVERYTHING counts...

DAY 1: \$ _____

DAY 2: \$ _____

DAY 3: \$ _____

DAY 4: \$ _____

DAY 5: \$ _____

DAY 6: \$ _____

DAY 7: \$ _____

DAY 8: \$ _____

DAY 9: \$ _____

DAY 10: \$ _____

DAY 11: \$ _____

DAY 12: \$ _____

DAY 13: \$ _____

DAY 14: \$ _____

DAY 15: \$ _____

DAY 16: \$ _____

DAY 17: \$ _____

DAY 18: \$ _____

DAY 19: \$ _____

DAY 20: \$ _____

DAY 21: \$ _____

DAY 22: \$ _____

DAY 23: \$ _____

DAY 24: \$ _____

DAY 25: \$ _____

DAY 26: \$ _____

DAY 27: \$ _____

DAY 28: \$ _____

DAY 29: \$ _____

DAY 30: \$ _____

DAY 31: \$ _____

TOTAL: \$ _____

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What new insights are you discovering after hearing about this exercise?

Is there excitement, or resistance?

What are you noticing throughout the month as you fill out this form on a daily basis?

What are you noticing after 1 month of doing this exercise? What changes do you see?

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What are you noticing after 2 months of doing this exercise? What changes do you see?

What are you noticing after 3 months of doing this exercise? What changes do you see?

Notes:
