### The Cost of Playing Small

Staying stuck is no small thing. Not only does it squash many opportunities throughout our lives, but it also is VERY costly.

Imagine life free from those things that have held you back. In terms of your business, career or professional growth, what would be possible for you if you were confident, bold, fearless and willing to do whatever it took? Then answer the questions below to find out the \$COST\$ this is having on your life and financial fitness.

#### If I were free from my current limitations...

1.	How much	more money	/ would I	(likely)	make per	month?
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(Would you ask for a raise? Get a new, better-paying job? Would you bring in added side income from another love or passion? Or for entrepreneurs, how many more clients would you be magnetizing? What would the dollar-amount be monthly for those added clients?)

2. Multiply the number above by 12 (i.e. 12 months in a year):

3. Multiply the number above by 10 (i.e. the next 10 years):

The number above is how much staying stuck + playing small will LITERALLY cost you over a decade. It's also the amount you are capable of allowing into your life, too. (Yippeeee!)

Write down at least 3 things you would do with this added income:

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What did you learn from doing this exercise?						
What changes are you inspired to make after seeing the financial cost to you?						
What new possibilities do you see for yourself now?						

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Notes:		